List of Project members

Principal Investigator: Chika Hamasaki

Investigators: Masaki Nishio, Mihoko Nakayama, Saori Momose

KNI Kitahara International Hospital

Director: Shigemi Kitahara

Overseas Division (Viet Nam): Yusuke Hirai, Natsumi Nishimaki

Overseas Division (Lao PDR): Masaki Nishio, Yuuki Nishikawa, Syuusuke Matsumoto,

Yoshikazu Kameda

KMSI Kitahara Medical Strategies International Co., Ltd.

Japan Headquarters: Chika Hamasaki

Overseas Division (Cambodia): Mihoko Nakayama, Ryuichi Kato, Tomoya Ueno

Chapter 1. Introduction

Masaki Nishio

Chapter 2. Practice of Chronic-phase Rehabilitation and Homecare

2.1. Effect of chronic-phase rehabilitation

Masaki Nishio

2.2. Survey of the needs of chronic-phase rehabilitation and care of patients and family

Cambodia

Chhneang Sovutha (Head of Healthcare Department, Kratie Healthcare Department, Cambodia), Many San (General Secretary, Cambodia Physical Therapy Association, Cambodia), Syuusuke Matsumoto, Ryuichi Kato, Tomoya Ueno

Lao PDR

Soutsada Nalongsak (Head of Administration, Champasak Hospital, Lao PDR), Syuusuke Matsumoto, Masaki Nishio

Viet Nam

Nguyen Thi Thoi (Deputy Director, Bac Giang Rehabilitation Hospital, Viet Nam), Nguyen Thi Lieu (Deputy Director, Hai Duong Rehabilitation Hospital, Viet Nam), Natsumi Nishimaki,

Yusuke Hirai

2.3. Field survey on current practices of chronic-phase rehabilitation

Yusuke Hirai, Tomoya Ueno, Syuusuke Matsumoto

2.4. Case studies of chronic-phase rehabilitation in the Kitahara style

Cases in Cambodia

Tomoya Ueno, Ryuichi Kato

Cases in the Lao PDR

Phouvong Keohavong (Head of Rehabilitation Department, Mittaphab Hospital, Lao PDR), Syuusuke Matsumoto, Masaki Nishio

Cases in Viet Nam

Yusuke Hirai, Natsumi Nishimaki

Chapter 3. Nutrition Management and Promotion of Healthy Food

Mami Ito, Mihoko Nakayama

- 3.1. Awareness survey on the actual conditions of dietary habits and nutrition management Mami Ito, Mihoko Nakayama
- 3.2. Nutritional support at hospitals in Cambodia, Lao PDR, and Viet Nam

Mami Ito, Mihoko Nakayama

3.3. Capacity building of the human resources for nutritional management

Mami Ito, Mihoko Nakayama

3.4. Other activities to promote nutritional management and healthy food

Mami Ito, Mihoko Nakayama

Chapter 4. Conclusions and Recommendations

Chika Hamasaki, Mihoko Nakayama, Yoshikazu Kameda

Appendix 1. Evaluation indicators

Tomoya Ueno

Appendix 2. Training of chronic-phase rehabilitation personnel in Japan

Yuuki Nishikawa, Syuusuke Matsumoto

Appendix 3. Staff education and outreach activities

Cambodia

Tomoya Ueno, Ryuichi Kato

Lao PDR

Bouadeng Singvon Ingvongxay (Physical Therapist, University of Health Science, Lao PDR), Syuusuke Matsumoto, Yuuki Nishikawa, Masaki Nishio

Viet Nam

Yusuke Hirai, Natsumi Nishimaki

Appendix 4. Stroke Care Conference in the Lao PDR 2019

Masaki Nishio, Yuuki Nishikawa, Syuusuke Matsumoto