List of Tables

Table 1.1  Countries with longitudinal surveys on ageing: ASEAN, China, India, Japan and Republic of Korea 6
Table 2.1  Number of respondents per questionnaire 21
Table 3.1  Household and Housing Characteristics 29
Table 3.2  Percent Distribution of Older persons by Sex and Age 33
Table 3.3  Sociodemographic Profile of Older Persons by Sex and Age 35
Table 3.4  Living Arrangement and Residential History by Sex and Age 37
Table 3.5  Characteristics of Parents and Siblings by Sex and Age 38
Table 3.6  Characteristics of Spouse by Sex and Age 39
Table 3.7  Children of Older Persons by Sex and Age 40
Table 3.8  Grandchildren of Older Persons by Sex and Age 42
Table 4.1  Self-assessed Health by Sex and Age 49
Table 4.2  Diagnosed Illnesses by Sex and Age 50
Table 4.3  Experience of Heart attack by Sex and Age 51
Table 4.4  Oral Health by Sex and Age 53
Table 4.5  Sleeping Habits by Sex and Age 55
Table 4.6  Experience of Pain by Sex and Age 57
Table 4.7  History of Falls by Sex and Age 59
Table 4.8  Incontinence by Sex and Age 61
Table 4.9  Mean Depressive Scores of Older Persons by Sex and Age 62
Table 4.10  Smoking by Sex and Age 63
Table 4.11  Drinking by Sex and Age 64
Table 4.12  Objective Measures of Health by Sex and Age 65
Table 5.1  Activities of Daily Living (ADLs) by Sex and Age 79
Table 5.2  Instrumental Activities of Daily Living (IADLs) by Sex and Age 80
Table 5.3  Washington Group Short Set on Functioning by Sex and Age 81
Table 5.4  Global Activity Limitation Index (GALI) by Sex and Age 83
Table 5.5  Experience of being Bedridden by Sex and Age 83
Table 5.6 Nagi Functioning Measures by Sex and Age 84
Table 6.1 Inpatient Utilisation by Sex and Age 90
Table 6.2 Outpatient Utilisation by Sex and Age 92
Table 6.3 Unmet Need for Healthcare by Sex and Age 93
Table 6.4 Health Insurance Coverage by Sex and Age 93
Table 6.5 Vaccinations by Sex and Age 94
Table 6.6 Level of Use and Source of Medicines and Supplements by Sex and Age 96
Table 6.7 Person Who Usually Takes Care of Older Person When He/She is Sick Since Age 60 by Sex and Age 97
Table 6.8 Long-term Care by Sex and Age 98
Table 7.1 Sources of Income and Median Monthly Income by Sex and Age 106
Table 7.2 Most Important Source of Income by Sex and Age 109
Table 7.3 Assets and Liabilities by Sex and Age 110
Table 7.4 Sufficiency of Household Income by Sex and Age 112
Table 7.5 Self-assessed Economic Wellbeing Whilst Growing Up by Sex and Age 113
Table 8.1 Generativity by Sex and Age 120
Table 8.2 Attitudes and Beliefs by Sex and Age 123
Table 9.1 Activities by Sex and Age 130
Table 9.2 Religious Activities by Sex and Age 131
Table 9.3 Memberships in Organisations by Sex and Age 133
Table 9.4 Loneliness of Older Persons by Sex and Age 135
Table 9.5 Social Isolation from Relatives Not Coresiding with Older Person by Sex and Age 137
Table 9.6 Social Isolation from Friends by Sex and Age 138
Table 9.7 Life Satisfaction by Sex and Age 141
Table 9.8 Use of Information Technology by Sex and Age 143
Table 10.1 Awareness and Use of Services by Sex and Age 151
Table 10.2 Attitudes Towards Homes for the Aged by Sex and Age 155
Table 11.1 Social Contact between Older Persons to Non-co-resident Children in the Past 12 Months by Sex and Age

Table 11.2 Assistance Provided by Older Persons to Co-resident and Non-co-resident Children in the Past 12 Months by Sex and Age

Table 11.3 Assistance Received by Older Persons from Co-resident and non-co-resident Children in the Past 12 Months by Sex and Age

Table 11.4 Exchange of Financial Support Between Older Persons and Children by Sex and Age

Table 11.5 Attitudes Toward Family Support of Older Persons by Sex and Age

Table 12.1 Type of Caregivers by Sex and Age of Older Persons

Table 12.2 Characteristics of Primary Caregivers by Sex and Age of Older Persons

Table 12.3 Relationship and Living Arrangement of Primary Caregiver to and with Older Person by Sex and Age of Older Persons

Table 12.4 Self-Assessed Health of Primary Caregiver of Older Persons by Sex and Age of Older Persons

Table 12.5 Primary Caregiver’s Perception on Older Person’s ADL Difficulty by Sex and Age of Older Persons

Table 12.6 Primary Caregiver’s Perception of the Need for Assistance of Older Person with ADL Difficulty by Sex and Age of Older Persons

Table 12.7 Assistance given to Older Persons for Various Activities of Daily Living by Sex and Age of Older Persons

Table 12.8 Difficulty in Caring for Older Person by Sex and Age of Older Persons

Table 12.9 Situation as a Primary Caregiver by Sex and Age of Older Persons

Table 12.10 Characteristics of Potential Caregivers by Sex and Age of Older Persons

Table 12.11 Relationship of Potential Caregiver to Older Person by Sex and Age of Older Persons

Table 12.12 Self-Assessed Health of Potential Caregivers of Older Persons and their Willingness to Assume the Caregiver Responsibility by Sex and Age of Older Persons
Table 13.1  Characteristics of Children by Sex and Age of Older Persons 196
Table 13.2  Relationship to Older Persons by Sex and Age of Older Persons 198
Table 13.3  Support Given to Older Persons by Sex and Age of Older Persons 201
Table 13.4  Support Received from Older Person by Sex and Age of Older Persons 203
Table 13.5  Perception of Children on the Health Status of Older Persons by Sex and Age of Older Persons 206
Table 13.6  Perception of Children on the Cognitive Decline of Older Persons by Sex and Age of Older Persons 207
Table 13.7  Attitudes and Beliefs of Children by Sex and Age of Older Persons 209
Table A.1  List of Sample Areas and their Corresponding Number of Sample Barangays and Sample Size 228
Table B.1  Profile of Respondents by Proxy Status and Screening Type (Unweighted Data) 237
Table B.2  Reasons for Having a Proxy (First Screening) by Background Characteristics (Unweighted Data) 239
List of Figures

<table>
<thead>
<tr>
<th>Figure</th>
<th>Description</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.1</td>
<td>Conceptual Model of Health States and Health Transitions According to the Disablement Process</td>
<td>15</td>
</tr>
<tr>
<td>2.2</td>
<td>Conceptual Framework for Factors Related to Health Outcome</td>
<td>18</td>
</tr>
<tr>
<td>2.3</td>
<td>Map of the 2018 Longitudinal Study of Ageing and Health in the Philippines Sample Area</td>
<td>19</td>
</tr>
<tr>
<td>2.4</td>
<td>Study sample</td>
<td>21</td>
</tr>
<tr>
<td>3.1</td>
<td>Status of Ageing: Philippines, Singapore, and Japan, 1950–2045</td>
<td>28</td>
</tr>
<tr>
<td>4.1</td>
<td>Mean Number of Natural Teeth by Sex and Age</td>
<td>52</td>
</tr>
<tr>
<td>4.2</td>
<td>Older Persons Often Troubled with Pain, by Sex and Age (%)</td>
<td>58</td>
</tr>
<tr>
<td>5.1</td>
<td>Functional Difficulty of Older Persons by Sex</td>
<td>85</td>
</tr>
<tr>
<td>5.2</td>
<td>Functional Difficulty of Older Persons by Age</td>
<td>85</td>
</tr>
<tr>
<td>6.1</td>
<td>Distribution of Main Caregiver of Older Persons Currently Under Long-term Care by Age and Sex</td>
<td>101</td>
</tr>
<tr>
<td>7.1</td>
<td>Self-assessed Economic Wellbeing by Sex and Age</td>
<td>111</td>
</tr>
<tr>
<td>8.1</td>
<td>Best Living Arrangement of Older Persons by Sex and Age</td>
<td>124</td>
</tr>
<tr>
<td>9.1</td>
<td>Percent of Older Persons Who Said Religion is Very Important in Their Lives by Sex and Age</td>
<td>132</td>
</tr>
<tr>
<td>9.2</td>
<td>Current Life Satisfaction by Sex and Age</td>
<td>141</td>
</tr>
<tr>
<td>10.1</td>
<td>Use of Privileges by Sex</td>
<td>153</td>
</tr>
<tr>
<td>10.2</td>
<td>Use of Privileges by Age</td>
<td>153</td>
</tr>
<tr>
<td>11.1</td>
<td>Exchange of Assistance between Older Person and coresident children</td>
<td>166</td>
</tr>
<tr>
<td>11.2</td>
<td>Exchange of Assistance and Social Contact between Older Person and Non-co-resident Children</td>
<td>166</td>
</tr>
<tr>
<td>12.1</td>
<td>Percent Distribution of Primary and Potential Caregivers by Sex and Age of Older Person</td>
<td>177</td>
</tr>
<tr>
<td>12.2</td>
<td>Relationship of Primary Caregivers to Older Persons, by Sex and Age of Older Person</td>
<td>179</td>
</tr>
<tr>
<td>13.1</td>
<td>Living Arrangement with Older Persons (OPs), by Sex and Age of Older Persons</td>
<td>197</td>
</tr>
<tr>
<td>13.2</td>
<td>Perception of Children on the Health Status of Older Person by Sex and Age</td>
<td>205</td>
</tr>
</tbody>
</table>
List of Acronyms

4Ps Pantawid Pamilya Pilipino Program
ADL Activities of Daily Living
ASEAN Association of Southeast Asian Nations
BMI Body Mass Index
CAPI Computer-Assisted Personal Interviews
CCT Conditional Cash Transfer programme
CES-D Center for Epidemiological Studies - Depression Scale
CPH Census of Population and Housing
CYS Credited Years of Service
DOH Department of Health
DRDF Demographic Research and Development Foundation, Inc.
DSWD Department of Social Welfare and Development
ERIA Economic Research Institute for ASEAN and East Asia
EU European Union
GALI Global Activity Limitation Indicator
GSIS Government Service Insurance System
HLY Healthy Life Years
IADL Instrumental Activities of Daily Living
ICF International Classification of Functioning, Disability and Health
IT Information Technology
LGS Loyola Generativity Scale
LGU Local Government Unit
LSAHP Longitudinal Study of Ageing in the Philippines
LSNS Lubben Social Network Scale
LTC Long Term Care
NGO Non-Government Organisations
OFW Overseas Filipino Worker
OP Older Person
PES Philippine Elderly Survey
PhilHealth  Philippine Health Insurance Corporation
PSA  Philippine Statistics Authority
PSOA  Philippine Study on Aging
PSU  Primary Sampling Unit
SDGs  Sustainable Development Goals
SPMSQ  Short Portable Mental State Questionnaire
SRH  Self-Rated Health
SSS  Social Security System
SWDA  Social Welfare and Development Agency
TRAIN  Tax Reform for Acceleration and Inclusion
UN  United Nations
UNDESA  United Nations Department of Economic and Social Affairs
VAT  Value-Added Tax
WGSS  Washington Group Short Set on Functioning
WHO  World Health Organization