

Demographic Research and Development Foundation, Inc. Economic Research Institute for ASEAN and East Asia



# 2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES

# HOUSEHOLD QUESTIONNAIRE

# IDENTIFICATION AND CALL RECORD

IDENTIFICATION NUMBER	
PROVINCE	
CITY/MUNICIPALITY	
BARANGAY	
ENUMERATION AREA	
URBAN/RURAL (URBAN=1, RURAL=2)	
NAME OF RESPONDENT	
ADDRESS	
MOBILE NUMBER	

			INTERV	IEW RECO	RD					
		1		2		3	FINA	AL VISIT		
DATE							DAY MONTH			
INTERVIEWER'S NAME	Ξ						YEAR INTERVIEWE	R'S COD	E	
RESULT*							RESULT*			
	DATE TIME				_		TOTAL NO. VISITS	OF	Γ	
RESULT CODES	2	COMPLETED NOT AT HOME POSTPONED	4 REFUSED 5 PARTLY COMPL 6 OTHERS/SPECI							
LANGUAGE OF INTERVIE	1	ENGLISH TAGALOG	3 CEBUANO 4 WARAY							
INTERVIEWE	R		SUPERVI	SOR		E	EDITOR			
Name and signa	iture	Date	Name and sig	gnature	Date	Name	and signature	Date	)	

## SECTION B. HOUSEHOLD ROSTER

Now, I would like to ask you some information about the people who usually live in your household or who are staying with you now.

	NAME	SEX	*RELATION- SHIP TO HOUSEHOLD	*RELATION- SHIP TO OLDER	DATE OF BIRTH	*AGE	MARITAL STATUS *FOR 10 YEARS	EDUCATION				
L I N E N U M B E R	Please give me the names of the persons who usually live in your household starting with the head of the household.	1 - Male 2 - Female	HEAD What is the relationship of to the head of the household?	PERSON R What is the relation-ship of to the Older Person R?	In what month and year was born? If don't know month, write "98"	What is 's age as of his/her last birthday?	OLD AND OVER Is never married, currently	OLD AND OVER: What is's highest grade completed?	During the past 6 months, did have a job or business (occupation)? 1 - Yes 2 - No (GO TO HH14)		*OFW: Was/Is an OFW? 1 - Yes, currently within the last 12 months 2 - Yes, prior to the last 12 months 3 - No (GO TO NEXT ROW)	Where does he/she live or work? (SPECIFY COUNTRY)
HH1	HH2	HH3	HH4	HH7	HH8	HH9	HH10	HH11	HH12	HH13	HH14	HH15
1					MONTH YEAR							
2					MONTH YEAR							
3					MONTH YEAR							
4					MONTH YEAR							
5					MONTH YEAR							

### HOUSEHOLD QUESTIONNAIRE

HH5 Are there any other persons such as Overseas Filipinos, small children, or infants that we have not listed?

HH6

YES	ENTER EACH IN TABLE	NO	
In addition, are there any other people who may YES	not be members of your family, such as ENTER EACH IN TABLE		lgers or friend who usually live here? Continue asking HH7.
PUT AN X MARK IF	CONTINUATION SHEET IS USED _		

#### CODES

#### \*CODES FOR HH4

(Relationship to Household Head)

- 01 Household Head
- 02 Spouse
- 03 Son/Stepson
- 04 Daughter/Stepdaughter
- 05 Son-in-law
- 06 Daughter-in-law
- 07 Grandson

#### \*CODES FOR HH7

(Relationship to Older Person)

01 - Older person	
-------------------	--

- 02 Spouse
- 03 Son/Stepson
- 04 Daughter/Stepdaughter
- 05 Son-in-law
- 06 Daughter-in-law
- 07 Grandson

### \*CODES FOR HH9

If less than 1 year old, write "00" If less than 10 years old, prefix "0"

#### \*CODES FOR HH10

#### (Marital Status)

- 1 Single
- 2 Currently married
- 3 Living in
- 4 Separated/Divorced/Annulled

08 -	Granddaughter
09 -	Father
10 -	Mother
11 -	Other Relative
12 -	Non-relative
13 -	Boarder

- 14 Domestic Helper
- 08 Granddaughter
- 09 Father
- 10 Mother
- 11 Other Relative
- 12 Non-relative
- 13 Boarder

5 - Widow

6 - Unknown

14 - Domestic Helper

*CODES FOR HH11	
(Grade/Year Currently Attending/Highest B	Educational Attainment)
000 - No Grade Completed	<u>K to 12</u>
010 - Preschool	400 - Kindergarten
	410 - Grade 1
<u>Elementary</u>	420 - Grade 2
110 - Grade 1	430 - Grade 3
120 - Grade 2	440 - Grade 4
130 - Grade 3	450 - Grade 5
140 - Grade 4	460 - Grade 6
150 - Grade 5	470 - Grade 7
160 - Grade 6	480 - Grade 8
170 - Grade 7	490 - Grade 9
180 - Elementary Graduate	500 - Grade 10
	510 - Grade 11
191 - SPED Elem., undergraduate	520 - Grade 12
192 - SPED Elem., graduate	530 - K-12 Graduate
193 - SPED HS, undergraduate	
194 - SPED HS, graduate	High School

470 - Grade 7	]	
480 - Grade 8	JR.	<u>College</u>
490 - Grade 9	F H.S.	710 - 1st Year
500 - Grade 10		720 - 2nd Year
510 - Grade 11	SR.	730 - 3rd Year
520 - Grade 12	∫ н.s.	740 - 4th Year
530 - K-12 Grad	uate	750 - 5th Year
		760 - 6th Year
High School		770 - College Graduate
210 - 1st Year		IF GRADUATE,
220 - 2nd Year		SPECIFY COURSE
230 - 3rd Year		
240 - 4th Year		Post baccalaureate

 240 - 4th Year
 Post baccalaureate

 250 - H. S. Graduate
 910 - Master's deg

Post-Secondary

310 - 1st Year

320 - 2nd Year

330 - 3rd Year

IF GRADUATE.

SPECIFY COURSE

340 - PS Graduate

(Non-degree Programs)

- 910 Master's degree, not graduated
- 920 Master's degree graduate
- 930 Doctorate degree, not graduated
- 940 Doctorate degree, graduate

SECTIC	N C. HOUSING CHARACTERISTICS		
NO.	QUESTIONS	CODING CATEGORIES	CODE
HH16	TYPE OF BUILDING/HOUSE RECORD OBSERVATION	SINGLE HOUSE       1         DUPLEX       2         APARTMENT/ACCESORIA CONDOMINIUM/       2         TOWNHOUSE       3         COMMERCIAL/INDUSTRIAL/       3         AGRICULTURAL BUILDING/HOUSE       4         OTHER HOUSING UNIT (E.G., CAVE, BOAT)       5         (SPECIFY)       5	
HH17	MAIN MATERIAL OF THE ROOF RECORD OBSERVATION	STRONG MATERIALS (GALVANIZED IRON, ALUMINUM, TILE, CONCRETE, BRICK, STONE, ETC.)       1         LIGHT MATERIALS (COGON, NIPA, ANAHAW)       2         SALVAGED/MAKESHIFT MATERIALS       3         MIXED BUT PREDOMINANTLY STRONG MATERIALS       4         MIXED BUT PREDOMINANTLY LIGHT MATERIALS       5         MIXED BUT PREDOMINANTLY SALVAGED MATERIALS       6         NOT APPLICABLE       7	
HH18	MAIN MATERIAL OF THE OUTER WALL RECORD OBSERVATION	STRONG MATERIALS (GALVANIZED IRON, ALUMINUM, TILE, CONCRETE, BRICK, STONE, ETC.)1LIGHT MATERIALS (COGON, NIPA, ANAHAW)2SALVAGED/MAKESHIFT MATERIALS3MIXED BUT PREDOMINANTLY STRONG MATERIALS4MIXED BUT PREDOMINANTLY LIGHT MATERIALS5MIXED BUT PREDOMINANTLY SALVAGED MATERIALS6NOT APPLICABLE7	
HH19	MAIN MATERIAL OF THE FLOOR RECORD OBSERVATION	NATURAL FLOOR           EARTH/SAND         11           DUNG         12           RUDIMENTARY FLOOR         12           WOOD PLANKS         21           PALM/BAMBOO         22           FINISHED FLOOR         31           VINYL OR ASPHALT STRIPS         32           CERAMIC TILES         33           CEMENT         34           CARPET         35           MARBLE         36           OTHERS         96	
HH20	What is the tenure status of the housing unit and lot occupied by your household? Ano po ang katayuan/kalagayan ninyo sa pag-okupa ng bahay at lupa na inyong tinitirahan?	OWN HOUSE AND LOT OR OWNER-LIKE         POSSESSION OF HOUSE AND LOT       1         RENT HOUSE/ROOM INCLUDING LOT       2         OWN HOUSE, RENT LOT       3         OWN HOUSE, RENT-FREE LOT       3         WITH CONSENT OF OWNER       4         OWN HOUSE, RENT-FREE LOT       5         RENT-FREE HOUSE AND LOT       5         RENT-FREE HOUSE AND LOT       6         RENT-FREE HOUSE AND LOT       6         WITH CONSENT OF OWNER       7         NOT APPLICABLE       8	
HH21 HH22	Is there any electricity in the building/house? Mayroon po bang kuryente sa gusali/bahay? Does your household own the following items? Ang inyo po bang sambahayan ay nagmamay-ari	YES	

# HOUSEHOLD QUESTIONNAIRE

NO.	QUESTIONS	CODING CATEGORIES	CODE
	ng mga sumusunod:	YES NO	
	a) Car, jeep, van	a) CAR, JEEP, VAN	a.
	b) Motorcycle, tricycle	b) MOTORCYCLE, TRICYCLE	b.
	c) Motorized boat/banca	c) MOTORIZED BOAT/BANCA	с.
	d) Aircon	d) AIRCON	d.
	e) Washing Machine	e) WASHING MACHINE	е.
	f) Stove with oven/Gas Range	f) STOVE WITH OVEN/GAS RANGE 1 2	f.
	g) Refrigerator/Freezer	g) REFRIGERATOR/FREEZER	g.
	<ul> <li>h) Personal computer (desktop, laptop, netbook, ipad, tablet)</li> </ul>	h) PERSONAL COMPUTER/LAPTOP 1 2	h
	i) Cellular phone or mobile phone	i) CELLULAR PHONE/ MOBILE PHONE 1 2	i
	j) Landline/Wireless Telephone	j) LANDLINE/WIRELESS TELEPHONE 1 2	j
	k) Audio Component/Stereo Set	k) AUDIO COMPONENT/STEREO SET 1 2	k
	I) Karaoke/Videoke/Magic Sing	I) KARAOKE/VIDEOKE/MAGIC SING 1 2	I
	m) CD/VCD/DVD Player	m) CD/VCD/DVD PLAYER 1 2	m
	n) Television	n) TELEVISION	n
	o) Radio/Radio Cassette Player	o) RADIO/RADIO CASSETTE PLAYER 1 2	0
IH23	<ul> <li>p) Internet access</li> <li>What is the main source of drinking water used</li> </ul>	p) INTERNET ACCESS 1 2 PIPED WATER	р
	by members of your household? Ano po ang pangunahing pinanggagalingan ng inuming tubig na ginagamit ng inyong sambahayan?	PIPED INTO DWELLING       11         PIPED TO YARD/PLOT       12         PIPED TO NEIGHBOR       13         PUBLIC TAP/STAND PIPE       14         TUBED WELL/BOREHOLE       21         DUG WELL       21         PROTECTED DUG WELL       31         UNPROTECTED DUG WELL       32         SPRING       41         UNPROTECTED SPRING       42         RAINWATER       51         TANKERTRUCK       61         CART WITH SMALL TANK       71         REFILLING STATION       72         SURFACE WATER (RIVER, DAM, LAKE,       91         OTHERS       91         OTHERS       96	
HH24	What is the main source of water used by your household for other purposes such as cooking and handwashing? Ano po ang pangunahing pinanggagalingan ng tubig na ginagamit ng inyong sambahayan para sa ibang gawain tulad ng pangluto at panghugas ng kamay?	PIPED WATER         PIPED INTO DWELLING       11         PIPED TO YARD/PLOT       12         PIPED TO NEIGHBOR       13         PUBLIC TAP/STAND PIPE       14         TUBED WELL/BOREHOLE       21         DUG WELL       31         UNPROTECTED DUG WELL       32         SPRING       41         UNPROTECTED SPRING       42         RAINWATER       51         TANKERTRUCK       61	

NO.	QUESTIONS	CODING CATEGORIES	CODE
		CART WITH SMALL TANK       71         SURFACE WATER (RIVER, DAM, LAKE,       71         POND, STREAM, CANAL, IRRIGATION CHANNEL)       81         OTHERS       96         (SPECIFY)	
HH25	What kind of toilet facility do members of your household usually use? Ano pong uri ng palikuran ang ginagamit ng miyembro ng inyong sambahayan?	FLUSH/POUR FLUSH TO IPED SEWER SYSTEM       11         FLUSH TO PIPED SEWER SYSTEM       12         FLUSH TO SEPTIC TANK       12         FLUSH TO PIT LATRINE       13         FLUSH TO SOMEWHERE ELSE       14         FLUSH TO DON'T KNOW WHERE       15         PIT LATRINE       15         PIT LATRINE       21         PIT LATRINE WITH SLAB       22         PIT LATRINE WITH SLAB       22         PIT LATRINE WITHOUT SLAB/ OPEN PIT       23         COMPOSTING TOILET       31         BUCKET TOILET       41       HANGING TOILET/ HANGING LATRINE       41         HANGING TOILET/ HANGING LATRINE       51       NO FACILITY/BUSH/FIELD       61         OTHERS       96	
HH26	Are you or any member of your household recipient of the 4Ps Pa Pamilyang Pilipino Program or Conditional Cash Transfer Program Kayo ba o sinuman sa inyong sambahayan ay benepisyaryo ng 4Ps Pantamid Pamilyang Pilipino Program o Conditional Cash Transfer?		
HH27	In the last 3 months, did it happen even once that your household experienced hunger and not have anything to eat? Sa nakalipas ng 3 buwan, nakaranas ba kahit minsan ang inyong pamilya ng gutom o walang pagkain man lang?	YES 1 NO 2	GO TO HH29
HH28	Did it happen only once, a few times, often, or always? Nangyari ba ito ng minsan, mga ilang beses, madalas, o palagi?	ONLY ONCE         1           A FEW TIMES         2           OFTEN         3           ALWAYS         4	

#### SECTION D. CHILDREN OF OLDER PERSON RESPONDENT

Now, let's talk about the children of (OLDER PERSON R).

HH29 How many children does (OLDER PERSON R) have over his/her lifetime including adopted/stepchildren? \_\_\_\_\_ (IF 00, END OF INTERVIEW)

HH30 How many of (OLDER PERSON R)'s children are still alive?

- HH31 How many of (OLDER PERSON R)'s children are dead?
- HH32 Among those who are alive, how many are residing in this household?

HH33 Among those who are alive, how many are not residing in this household?

	Name of coresident child	Relationship to Older Person R	*Sex	Age	*Residence	*Education	Emplo	yment of Child		Marital Status	Emplo	yment of Child's Sp	oouse	Number of Children
						FOR 5 YEARS OLD AND OVER	FOR 15 YEA	RS OLD AND OVE	R	FOR 10 YEARS OLD AND OVER	FOR 15	YEARS OLD AND	OVER	
L I N E	Please give me the names of the (OLDER PERSON R)'s children who currently reside in this household.	Is (OLDER PERSON R)'S own child or step/adopted child'?	ls male or female?	How old was on last birth- day?	*Where does he/she live?	*What is's highest grade completed?	IF WORKING: What is his/her present occupation?	*Is he/she living or working abroad?	Where does he/she work?	What is's marital status?	What is the occupation of 's spouse?	Is he/she living or working abroad?	Where does he/she work? (SPECIFY COUN-TRY)	How many children has ever had?
N U M B E R	(START WITH THE ELDEST) CO-RESIDENT	1Yes, own child 2Yes, step/adopted	1-Male 2-Female			(IF CG, SPECIFY DEGREE)	(RECORD VERBATIM RESPONSE AND INDICATE IF OFW) Use PSOC	1Yes 2No	(SPECIFY COUNTRY)	1_Single GO TO HH48 2_Currently married 3_Living in 4_Separated/Divorc ed/Annulled GO TO HH48 5 Widowed GO TO	(RECORD VERBATIM RESPONSE AND INDICATE IF OFW)	1Yes 2No		IF NO CHILDREN, WRITE "0"
	CHILDREN							GO TO HH44		HH48		GO TO HH48		
HH34	HH35	HH36	HH37	HH38	HH39	HH40	HH41	HH42	HH43	HH44	HH45	HH46	HH47	HH48
R1														
R2 R3														<b></b>

VON-CC	RESIDENT CHILDREN									1				I
	Name of non- coresident child	Relationship to Older Person R	*Sex	Age	*Residence	*Education	Emplo	Employment of Child		Marital Status	Employment of Child's Spouse		ouse	Number of Children
	Please give me the	Please give me the		FOR 5 YEARS OLD AND OVER			RS OLD AND OVER FOR 10 YEARS OL AND OVER		D FOR 15 YEARS OLD AND OVER					
L I N E	names of (OLDER PERSON R)'s children who do not reside in this household.	Is (OLDER PERSON R)'s own child or step/adopted child'?	Is male or female?			*What is's highest grade completed?	IF WORKING: What is his/her present occupation?	*Is he/she living or working abroad?	Where does he/she work?	What is's marital status?	What is the occupation of 's spouse?	Is he/she living or working abroad?		How many children has ever had?
N U B E R	(START WITH THE ELDEST)	1Yes, own child 2Yes, step/adopted	1-Male 2-Female	How old was on last birth- day?	*Where does he/she live?	(IF CG, SPECIFY DEGREE)	(RECORD VERBATIM RESPONSE AND INDICATE IF OFW) Use PSOC	1Yes 2No	(SPECIFY COUNTRY)	1_Single GO TO HH48 2Currently married 3_Living in 4_Separated/Divorc ed/Annulled GO TO	(RECORD VERBATIM RESPONSE AND INDICATE IF OFW)	1Yes 2No	Where does he/she work? (SPECIFY COUN-TRY)	IF NO CHILDREN, WRITE "0"
	NON-CORESIDENT CHILDREN							GO TO H44		HH48 5Widowed GO TO HH48		GO TO HH48		
HH34	HH35	HH36	HH37	HH38	HH39	HH40	HH41	HH42	HH43	HH44	HH45	HH46	HH47	HH48
N1 N2														
N2 N3														
	EN WHO DIED													
L N E N	Please give me the names of all your children who died. (START WITH THE ELDEST)	Was (OLDER PERSON R)'s own child or step/adooted	Is male or female? 1-Male	How old was when	In what month and	*What was's highest grade completed? (IF CG, SPECIFY DEGREE)	What was his/her occupation when he/she died?			What was's marital status when he/she died? 1 Single				How many children has ever had?
U M E R	CHILDREN WHO DIED	1Yes, own child 2Yes, step/adopted	2-Female	he/she died?	year did die?	DEGREE)	(RECORD VERBATIM RESPONSE) Use PSOC			2Married 3Living in 4Separated/Divorc ed/Annulled 5Widowed				IF NO CHILDREN, WRITE "0"
HH49	HH50	HH51	HH52	HH53	HH54	HH55	HH56			HH57				HH58
D1														
D2														
D3														

END OF INTERVIEW

CODES		
*CODES FOR HH37 AND HH52 (Sex) 1Male 2Female		
*CODES FOR HH39 (Where does he/she live?) 2_Lives in same baranga 3_Lives in same municipa 4_Lives in same provinca 5_Lives in different provi 6_Lives abroad	ality/city e	
*CODES FOR H40 AND H55 (Grade/Year Currently Attending/Highes	t Educational Attainment)	
000 - No Grade Completed 010 - Preschool	<u>K to 12</u> 400 - Kindergarten 410 - Grade 1	<u>Post-Secondary</u> (Non-degree Programs) 310 - 1st Year
<u>Elementary</u>	420 - Grade 2	320 - 2nd Year
110 - Grade 1	430 - Grade 3	330 - 3rd Year
120 - Grade 2	440 - Grade 4	340 - PS Graduate
130 - Grade 3	450 - Grade 5	IF GRADUATE,
140 - Grade 4	460 - Grade 6 470 - Grade 7 Γ	SPECIFY COURSE
150 - Grade 5 160 - Grade 6		College
170 - Grade 7	480 - Grade 8 JR. 490 - Grade 9 H.S.	710 - 1st Year
180 - Elementary Graduate	500 - Grade 10	720 - 2nd Year
·····	510 - Grade 11	730 - 3rd Year
191 - SPED Elem., undergraduate	520 - Grade 12 SR.	740 - 4th Year
192 - SPED Elem., graduate	530 - K-12 Graduate	750 - 5th Year
193 - SPED HS, undergraduate		760 - 6th Year
194 - SPED HS, graduate	High School	770 - College Graduate
	210 - 1st Year	IF GRADUATE,
	220 - 2nd Year 230 - 3rd Year	SPECIFY COURSE
	240 - 4th Year	Post baccalaureate
	250 - H. S. Graduate	910 - Master's degree, not graduat 920 - Master's degree graduate

2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES (LSAHP)



Demographic Research and Development Foundation, Inc. Economic Research Institute for ASEAN and East Asia



# 2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES

# ANTHROPOMETRIC QUESTIONNAIRE

# **IDENTIFICATION AND CALL RECORD**

IDENTIFICATION NUMBER	
PROVINCE	
CITY/MUNICIPALITY	
BARANGAY	
ENUMERATION AREA	
URBAN/RURAL (URBAN=1, RURAL=2)	
NAME OF OLDER PERSON	
ADDRESS	
MOBILE NUMBER	

INTERVIEW RECORD										
	1	2		3	FINAL VISIT					
DATE					ay Ionth					
INTERVIEWER'S NAME				Y	EAR					
RESULT*				R	ESULT*					
NEXT VISIT: DATE TIME				T	OTAL NO. OF VISITS					
RESULT CODES	_									
LANGUAGE OF INTERVIEW										
	1 ENGLISH 2 TAGALOG	3 CEBUANO 4 WARAY								
INTERVIEWER		SUPERVISOR		EDITOR						
Name and signature	Date	Name and signature	Date	Name and signa	ture Date					

# INTRODUCTION AND CONSENT

We would like to better understand certain aspects related to the health and physical status of persons your age. For this reason, we are going to take some measurements including your weight. If you have questions now or later, please do not hesitate to ask me. Is it okay to do the measurements now?

NO.	QUESTIONS AND FILTERS		8	
AA1	Indicate whether the respondent agreed to have his/her anthropometric measurements taken.	AGREE DID NOT AGREE	1 2	END
AA2	NOTE TO INTERVIEWER: Observe and record if R	CAN STAND ON HIS/HER OWN CAN STAND WITH ASSISTIVE DEVICE CAN STAND WITH ASSISTANCE OF ANOTHER PERSON UNABLE TO STAND AT ALL	1 2 3 4	
AA3	Now, I am going to weigh you.	WEIGHT (Kgs) TRIED, BUT COULDN'T DO IT DID NOT TRY CAN'T STAND UP REFUSED	995 996 997 999	
AA4	Height (standing)	HEIGHT (cm) TRIED, BUT COULDN'T DO IT DID NOT TRY CAN'T STAND UP REFUSED	995 996 997 999	
AA5	Waist circumference	WAIST (cm) DID NOT TRY REFUSED	996 999	
AA6	Arms length	ARMS LENGTH (cm) TRIED, BUT COULDN'T DO IT DID NOT TRY REFUSED	995 996 999	
AA7	How many original teeth do you have?	NO. OF ORIGINAL TEETH		
AA8	How many pair of upper and lower teeth do you have?	NO. OF PAIRS OF FUNCTIONING TEETH		

# ANTHROPOMETRIC QUESTIONNAIRE

NO.	QUESTIONS AND FILTERS			CODING CATEGORIES				
AA9	Blood pressure							
	Measurement # 1 2 3	Time of reading : am/pm : am/pm : am/pm		eading Diastolic Reading mmHg mmHG mmHg mmHG mmHg mmHG		HG	Pulse	ə P P P
AA10	Which arm was used to conduc	t the measurements?	?	LEFT RIGH	ARM T ARM		1 2	
AA11	How compliant was R during thi	is measurement?		R WA C	S FULLY COMPLIANT S PREVENTED FROM FUL OMPLYING DUE TO ILLNE	SS,	1	
				PAIN OR OTHER SYMPTOMS OF DISCOMFORT R WAS NOT FULLY COMPLIANT, BUT NO OBVIOUS REASONS FOR THIS			2 3	
AA12	What was R's position for this test?			SITTII LYINO	NG 3 DOWN		1 2	
AA13	Did R smoke, exercise, consume alcohol or food within 30 minutes prior to completing the blood pressure test?			SMOF EXER DRINI EAT		YES 1 1 1 1	NO 2 2 2 2	
AA14	Are you a left-handed or right-handed or ambidextrous?			RIGH	HANDED T-HANDED DEXTROUS		1 2 3	
AA15	Grip strength			2ND 1 LEFT	HAND T HAND TRIAL	E		
				3RD 1 LEFT RIGH TRIEL	'RIAL HAND T HAND ), BUT COULDN'T DO IT			
				DID N REFU	OT TRY SED		996 999	

NO.	QUESTIONS AND FILTERS	CODING CATEGO	RIES	
AA16	Functional reach	REGULAR REACH (cm) FUNCTIONAL REACH (cm) TRIED, BUT COULDN'T DO IT DID NOT TRY REFUSED	995 996 999	
AA17	Position during the functional reach	STANDING SITTING	1 2	
AA18	Balance test	FEET TOGETHER (sec) SEMI TANDEM (sec) TANDEM (sec) TRIED, BUT COULDN'T DO IT DID NOT TRY REFUSED	995 996 999	
AA19	Gait speed (Comfortable speed)	GAIT SPEED (sec) TRIED, BUT COULDN'T DO IT DID NOT TRY REFUSED	995 996 999	
AA20	Use of assistive device during the measurement of Gait speed	WITH ASSISTIVE DEVICE WITHOUT ASSISTIVE DEVICE	1 2	
AA21	Peak flow	1ST TRIAL 2ND TRIAL 3RD TRIAL TRIED, BUT COULDN'T DO IT DID NOT TRY REFUSED	995 996 999	
	TANITA SEGMENTAL	BODY COMPOSITION MONITOR		
AA22	Do you have any electronic medical implant such as pacemaker and/or knee replacement implant?	YES NO	1 2	
AA23	Temperature (Room)	Celcius		
AA24	Humidity (Room)	Percent	· -	

# ANTHROPOMETRIC QUESTIONNAIRE

NO.	QUESTIONS AND FILTERS	CODING CATEG									
	WEIGHT AND BODY FAT READINGS										
AA25 to AA47		TRIED, BUT COULDN'T DO I' DID NOT TRY REFUSED	T 995 - 996 999 -	END INTERVIEW							
AA25	Body weight	Kilogram	· .								
AA26	BMI										
AA27	Body fat %	Percent									
AA28	Total body water %	Percent									
AA29	Muscle mass	Kilogram									
AA30	Physique rating										
AA31	Bone mass	Kilogram									
AA32	BMR	Kcal									
AA33	Energy in food	Kjol									
AA34	Metabolic age	Age									
AA35	Visceral fat level	Level									
	READING OF EAC	CH SEGMENT: MUSCLE MASS									
AA36	Whole	Kilogram									
AA37	Right arm	Kilogram									
AA38	Left arm	Kilogram									
AA39	Trunk	Kilogram	·								

# ANTHROPOMETRIC QUESTIONNAIRE

NO.	QUESTIONS AND FILTERS		ORIES						
AA40	Right leg	Kilogram							
AA41	Left leg	Kilogram							
	READING OF EACH SEGMENT: BODY FAT %								
AA42	Whole	Percent							
AA43	Right arm	Percent							
AA44	Left arm	Percent							
AA45	Trunk	Percent							
AA46	Right leg	Percent							
AA47	Left leg	Percent							
	END	OF INTERVIEW							



Demographic Research and Development Foundation, Inc. Economic Research Institute for ASEAN and East Asia



# 2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES

# MAIN QUESTIONNAIRE

# **IDENTIFICATION AND CALL RECORD**

IDENTIFICATION NUMBER				
PROVINCE				
CITY/MUNICIPALITY				
BARANGAY				
ENUMERATION AREA				
URBAN/RURAL (URBAN=1, F	RURAL=2)			
NAME OF OLDER PERSON F	RESPONDENT			
ADDRESS				
MOBILE NUMBER				
		INTERVIEW RECORD		
	1	2	3	FINAL VISIT

1		2			3	FINA	FINAL VISIT			
DATE							DAY MONTH			
INTERVIEWER'S NAME							YEAR			
							INTERVIEWE		JDE	
RESULT*			W				RESULT*			
NEXT VISIT: DATE							TOTAL NO.	OF		
TIME							VISITS			
	1 COMPLETED 2 NOT AT HOME 3 POSTPONED	5 PA	FUSED RTLY COMPLETED HERS/SPECIFY							
LANGUAGE OF INTERVIEW										
	1 ENGLISH 2 TAGALOG	3 CE 4 WA	BUANO RAY							
INTERVIEWER			SUPERVISOR			EDITOF	र			
Name and signature	Date	N	ame and signature		Date	Name and sig	nature	Date	)	

1\_\_\_Yes GO TO L1 2\_\_\_No

SQ2. Reason Older Person R cannot be interviewed:

- 1. Older Person R has been hospitalized, sick, or incapacitated.
- 2. Older Person R has difficulty hearing (Older Person R is hearing impaired, etc.).
- 3. Older Person R has difficulty speaking (Older Person R is experiencing verbal difficulties).
- 4. Older Person R has experienced psychological disorder such as memory loss, confusion or loss of consciousness, dementia, etc.

SQ3. Name of Proxy: \_\_\_\_

SQ4. What is your relationship with (Name of Older Person R)?

01\_\_\_Spouse04\_\_\_Daughter-in-law02\_\_\_Son05\_\_\_Son-in-law03\_\_\_Daughter06\_\_\_Grandchild

07\_\_\_\_Relative other than the aforementioned 96\_\_\_\_Other. Specify: \_\_\_\_\_

# GO TO BLOCK A.

L1. What is your name?

First name: _	
Last name: _	

L7. What is your home address?

House number:	
Street Name/Barang	ay:
City/Municipality:	•
Province:	
Zip:	

AA9. Blood Pressure

Measurement #	Time of reading	Systolic Reading	Diastolic Reading	Pulse
1	: am/pm	mmHg	mmHG	Р
2	: am/pm	mmHg	mmHG	Р
3	: am/pm	mmHg	mmHG	Р

AA10. Which arm was used to conduct the measurements?

1\_\_\_\_ Left arm 2\_\_\_\_ Right arm

AA11. How compliant was R during this measurement?

1\_\_\_\_Older Person R was fully compliant

2\_\_\_\_ Older Person R prevented from fully complying due to illness, pain or other symptoms of discomfort

3\_\_\_\_Older Person R was not fully compliant, but no obvious reasons for this

- AA12. What was R's position for this test?
  - 1\_\_\_\_ Sitting

2\_\_\_\_ Lying down

AA13. Did Older Person R smoke, exercise, consume alcohol or food with the 30 minutes prior to completing the blood pressure test?

1.	Smoke	1Yes	2 No
2.	Exercise	1Yes	2 No
3.	Drink alcohol	1Yes	2 No
4.	Eat	1Yes	2 No

AA14. Are you a left-handed or right handed or ambidextrous?

- 1\_\_\_\_ Left-handed
- 2\_\_\_\_Right-handed
- 3\_\_\_Ambidextrous

# SQ5 to SQ15: SHORT PORTABLE MENTAL STATUS QUESTIONNAIRE (SPMSQ)

Sometimes people have trouble remembering things. If you do not know the answers to some of the next questions, that's okay. If you do know the answers, the question may seem obvious.

QUESTIONS	ANSWER (TYPE CORRECT ANSWER)	INCORRECT ANSWER
SQ5. What are the month, date, and year today?		
SQ6.What is the day of the week?		
SQ7. What is the name of this place?		
SQ8. What is your phone number? If no telephone, ask "what is the name of your street?"		
SQ9. How old are you?		
SQ10. When were you born?		
SQ11. Who is the current president?		
L18. Who is the current vice president?		
SQ12. Who was the president before him?		
SQ13. What was your mother's maiden name?		
SQ14. Can you count backward from 20 by 3's?		
SQ15. Number of incorrect answers		

Highest educational attainment of Older Person R

SQ16. What was the highest educational level you completed?	(Grade/Year Currently Attending/Highest Educational Attainment) 000 - No Grade Completed 010 - Preschool Elementary 110 - Grade 1 120 - Grade 2 130 - Grade 3 140 - Grade 3 140 - Grade 4 150 - Grade 5 160 - Grade 6 170 - Grade 7 180 - Elementary Graduate

Post-Secondary	191 - SPED Elem., undergraduate
(Non-degree Programs)	192 - SPED Elem., graduate
310 - 1st Year	193 - SPED HS, undergraduate
320 - 2nd Year	194 - SPED HS, graduate
330 - 3rd Year	
340 - PS Graduate	High School
IF GRADUATE,	210 - 1st Year
SPECIFY COURSE:	220 - 2nd Year
	230 - 3rd Year
K to 12	240 - 4th Year
400 - Kindergarten	250 - H. S. Graduate
410 - Grade 1	
420 - Grade 2	College
430 - Grade 3	710 - 1st Year
440 - Grade 4	720 - 2nd Year
450 - Grade 5	730 - 3rd Year
460 - Grade 6	740 - 4th Year
470 - Grade 7	750 - 5th Year
480 - Grade 8 <b>JR.</b> H.S.	760 - 6th Year
490 - Grade 9	770 - College Graduate
500 - Grade 10	IF GRADUATE,
510 - Grade $11^{-1}$ SR.	SPECIFY COURSE:
520 - Grade 12 _ H.S.	
530 - K-12 Graduate	Post baccalaureate
	910 - Master's degree, not graduated
	920 - Master's degree graduate
	930 - Doctorate degree, not graduated
	940 - Doctorate degree, graduate
	540 - Dociorale degree, graduale

## Scoring:

Highest educational attainment	(Check SQ16)	(Check SQ15)	SPMSQ Cutoff Score
	Educational attainment	Number of incorrect answers	
Elementary level or lower	1		5 or less
High school level	2		4 or less
College level or higher	3		3 or less

SQ17. Eligibility

1\_\_\_Eligible GO TO BLOCK A 2\_\_\_Not eligible/proxy interview

SQ18. Name of Proxy: \_\_

- SQ19. What is your relationship with (Name of Older Person R)?
  - 01\_\_\_Spouse 02\_\_\_Son 03\_\_\_Daughter
- 04\_\_\_Daughter-in-law 05\_\_\_Son-in-law 06\_\_\_Grandchild

07\_\_\_\_Relative other than the aforementioned 96\_\_\_\_Other. SPECIFY:

Time Sta	arted: SOCIO-ECON	BLOCK A OMIC AND DEMOGRAPHIC CHARACTERISTICS
First, you	u will be asked questions about yourself.	
A1	What is your date of birth? GET MONTH	I, DAY AND YEAR OF BIRTH
	Month	DayYear
A2	How old are you now? Yea	rs old
A3	Gender TO BE FILLED IN BY THE INTE	RVIEWER
	1Male	2Female
A4	What is your religion?	
	0None 1Roman Catholic 2Iglesia ni Cristo 37th day Adventist 4Protestant	6Jehovah's Witness 7Born Again Christian (Fundamentalist) 8Islam 9El Shaddai 96Others (SPECIFY)

These questions are about your parents.

5\_\_\_Aglipay

Relationship with subject	Own Father	Own Mother
Is your alive?	A5 1Alive A6 How old is your father? years → G0 TO A9 2Deceased ↓ A7 How old was your father at death? years	A10 1Alive A11 How old is your mother?years → G0 TO A14 2Deceased A12 How old was your mother at death? years
What was the cause of passing away? (ONLY FOR NATURAL PARENTS)	A8 1Cancer 2Heart disease (heart attack, etc.) 3Cerebrovascular ailments (stroke, cerebral thrombosis) 4Old age (frailty caused by ageing) 96Other. SPECIFY 97Not sure	A13 1Cancer 2Heart disease (heart attack, etc.) 3Cerebrovascular ailments (stroke, cerebral thrombosis) 4Old age (frailty caused by ageing) 96Other. SPECIFY 97Not sure
What is/was your highest educational attainment?	A9 0No schooling 1Elementary 2High School 3College 7DK GO TO NEXT COLUMN "OWN MOTHER"	A14 0No schooling 1Elementary 2High School 3College 7DK

Subject Information	
A15. How many siblings do you have?	No. of siblings
A16. How many of your siblings are still living?	No. of living siblings aBrothers bSisters
A17. What type of community did you live in when you were growing up (from birth to age 12)? Was it a city, poblacion, rural, or abroad?	1City     3Rural       2Poblacion     4Abroad
A18. Are you currently working?	1Working       GO TO A22         2Stopped working completely       GO TO A19         3Not working but looking for work       GO TO A21         4Not working and not looking for work       GO TO A21         work       GO TO A21
A19 Why did you stop working permanently?	1      Retired formally         2      III health/health reasons         96      Others. SPECIFY:
A20 At what age did you stop working completely?	years
A21 Did you ever work before?	1Yes         GO to A26           2No         GO to A27
A22. What is your current occupation?	
RECORD VERBATIM RESPONSE	
	PSOC
A23 Are you working full time or part time?	1Yes, full time 2Yes, part-time
A24 Before this current job, did you retire from any job because you reached the retirement age?	1Yes 2No GO TO A26
A25 If yes, why are you still working?	1To earn for daily needs/to augment income         2Want to work as long as health allows         3To while away the time/leisure         96Others. SPECIFY:
A26. Which occupation were you engaged in the longest?	
RECORD VERBATIM RESPONSE	
	PSOC

A27. What is your current marital status? Are you never married, currently married, living in, separated/divorced/annulled, or widowed?

1Never married	GO TO A42
2Currently married (includes being separated from the spouse due	
hospitalization of spouse, living in an institution or living in another area	a for business reasons)
3Live-in (includes being separated from the spouse due to the	
hospitalization of spouse, living in an institution or living in another area	a for business reasons)
4Separated/Divorced/Annulled	
5Widowed	
7Not sure	GO TO A42

A28. How many times have you been in union, that is formally married or living in?

2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES (LSAHP)

A29.	In what month and year did you first officially marry/start living	together? (Refere	ence is firs	st partner)	
	Month	Year	9997	_DK	
A30.	How would you rate your relationship with your first partner?				
	1Very good 2Good 3So-so 4Not good				
IF A28 =	: 1, GO TOA33. IF A28 > 1, CONTINUE.				
A31.	In what month and year did you last officially marry/start living	together?			
	Month	Year	9997_	DK	
A32.	FOR (separated/divorced/annulled, widowed): How would you FOR (currently married): How would you rate your relationship			your last partne	er?
	1Very good 2Good 3So-so 4Not good				
IF A27 =	: 1, 2, 3 OR 4, GO TO A37. IF A27 = 5, CONTINUE.				
A33.	How old was your husband/wife when he/she passed away? (	Reference is the la	ast partne	r)Yrs.	old
A34.	In what month and year did he/she die?	Month		Year	9997DK
A35.	What was the cause of his/her death?				
IF CAUS	SE OF DEATH IN A35 IS ILLNESS, CONTINUE. OTHERWISE	, GO TO A37.			
A36.	How long was he/she ill before he/she died?	Months			_Years
	TO CURRENT SPOUSE FOR CURRENTLY MARRIED OR LIV TO LAST PARTNER FOR SEPARATED/DIVORCED/ANNULL			ED (A27=5).	
The next	t are a few questions about your spouse.				
				SPOUSE	
Δ37		(Grado/Voar C	Surrently A	ttendina/Hiaha	st Educational

	01 000E
A37.	(Grade/Year Currently Attending/Highest Educational
	Attainment)
For currently married or live in: What is the highest educational	
attainment of your spouse/partner?	000 - No Grade Completed
	010 - Preschool
For separated/divorced/annulled: What is the highest educational	
attainment of your last spouse/partner?	Elementary
	110 - Grade 1
Post-Secondary	120 - Grade 2
(Non-degree Programs)	130 - Grade 3
310 - 1st Year	140 - Grade 4
320 - 2nd Year	150 - Grade 5
330 - 3rd Year	160 - Grade 6
340 - PS Graduate	170 - Grade 7
IF GRADUATE,	180 - Elementary Graduate
SPECIFY COURSE:	

191 - SPED Elem., undergraduate
192 - SPED Elem., graduate
193 - SPED HS, undergraduate
194 - SPED HS, graduate
High School
210 - 1st Year
220 - 2nd Year
230 - 3rd Year
240 - 4th Year
250 - H. S. Graduate
<u>College</u>
710 - 1st Year
720 - 2nd Year
730 - 3rd Year
740 - 4th Year
740 - 411 Tear 750 - 5th Year
760 - 6th Year
770 - College Graduate
IF GRADUATE,
SPECIFY COURSE:
Post baccalaureate
910 - Master's degree, not graduated
920 - Master's degree graduate
930 - Doctorate degree, not graduated
940 - Doctorate degree, graduate
DOWED (A27=5), GO TO A42. OTHERWISE CONTINUE.
1Working
2Stopped working completely GO TO A41
3Never worked GO TO A42
PSOC
PSOC
veere eld
years old 97 DK

Residence and migration history

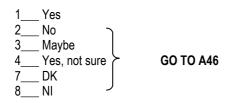
A42. How long have you lived here in this house continuously?

	Years	
94	Less than one (1) year	
95	Since birth	GO TO A44
97	DK	
98	NI	

A43. Before you moved to this house, where were you residing?

 Barangay
 City/Municipality
 Province
 Country

A44. Do you expect to move in the next 2 years?



A45. Where do you expect to move?

 Barangay City/Municipality
Province
 Country

- A46. If you could choose, in what type of place do you want to live? Would you like to live in a city, población, barrio/rural area, or abroad?
  - 1\_\_\_City 2\_\_\_Poblacion 3\_\_\_Barrio/Rural 4 Abroad

END OF BLOCK A. GO TO BLOCK B.

# BLOCK B HEALTH STATUS

# IF PROXY INTERVIEW, ASK ALL EXCEPT B1, B2, B16 TO B22, AND B26 TO B29.

The next questions will be regarding your health and health care behavior.

# IF PROXY INTERVIEW, PROCEED TO B3.

- B1. In general, how would you describe your state of health? SHOW FLASHCARD
  - 1\_\_\_\_Very healthy
  - 2\_\_\_\_Healthier than average
  - 3\_\_\_\_Of average health
  - 4\_\_\_\_Somewhat unhealthy
  - 5\_\_\_\_Very unhealthy
  - 7\_\_\_\_Not sure
- B2 Consider your health while you were growing up, from birth to age 16. Would you say that during that time you were: SHOW FLASHCARD
  - 1\_\_\_\_Very healthy
  - 2\_\_\_\_Healthier than average
  - 3\_\_\_\_Of average health
  - 4\_\_\_\_Somewhat unhealthy
  - 5\_\_\_\_Very unhealthy
  - 7\_\_\_\_Not sure
- B3. For the past 6 months or more, have you been limited because of a health problem in activities people usually do? Would you say you have been: **SHOW FLASHCARD** 
  - 1\_Yes, severely limited 2\_Yes, limited but not severely 3\_ Not limited at all

The next questions will be about your experience of physical illnesses.

# ASK ABOUT THE FOLLOWING ILLNESSES AND RECORD RESPONSES IN TABLE BELOW. IF THE RESPONDENT ANSWERS POSITIVELY, CONTINUE TO ASK OTHER QUESTIONS.

ILLNESSES	B4. Have you been told by a doctor that you have? 1Yes 2NoGO 7DKTO NEXT ILLNESS	B5. At what age did you start to have this condition? 995 Since birth	B6. At present do you take any medicine for ? 1Yes 2No (IF THE ANSWER IN #5 AND #6 IS "NO", GO TO #7)	B7. Do you get medicine for from the health center? 1Yes, all the time 2Yes, some of the time 3No
1. Angina, myocardial infarction, etc.				
2. Cancer				
3. Cerebrovascular disease (hemorrhage, infarction, stroke, etc.)				
4. Dementia (only to be asked to the proxy)				
5. High blood pressure				
6. Diabetes				
7. Respiratory illness (chronic, such as				
asthma, emphysema)				
8. Digestive illness (stomach or intestinal)				
9. Renal or urinary tract ailments/kidney				

ILLNESSES	B4. Have you been told by a doctor that you have? 1Yes 2NoGO 7DKTO NEXT ILLNESS	B5. At what age did you start to have this condition? 995 Since birth	B6. At present do you take any medicine for ? 1Yes 2No (IF THE ANSWER IN #5 AND #6 IS "NO", GO TO #7)	B7. Do you get medicine for from the health center? 1Yes, all the time 2Yes, some of the time 3 No
10. Ailments of the liver or gallbladder				
11. Arthritis, neuralgia or rheumatism				
12. Chronic back pain				
13. Osteoporosis				
14. Tuberculosis				
15. Cataracts				
16. Glaucoma				
RECORD ONLY THE MOST RECENT INCIDENCE OF FRACTURES FOR (18) AND (19) BELOW.				
17. Fractures of the hip, thigh and pelvis/broken hip				
18. Other fractures (Specify)				
19. Slipped disc				

B8. What supplements are you currently taking for your health (e.g., vitamins, etc.)? SHOW FLASHCARD

- A\_\_\_\_ Multivitamin/Multimineral supplements (e.g., Nature's Plus, Centrum)
- B\_\_\_\_Antioxidants (e.g., Glutathione, Resveratrol)
- C\_\_\_ Creatine (e.g., MET-Rx, Creatine Capsules, MP Musclepharm Creatine Strength and Power Amplifier)
- D\_\_\_\_ Omega-3 Fatty acids (e.g., Solgar Omega 3 Fish Oil, GNC Triple Strength Fish Oil)
- X\_\_\_ Others. SPECIFY: \_\_\_\_\_
- Y\_\_\_NONE
- B9. Have you ever had a heart attack?
  - 1\_Yes
     GO TO B10

     2\_No
     GO TO B12
- B10 At what age did you experience a heart attack? \_\_\_\_\_years old
- B11 At present, do you take any medicine for your heart condition?
  - 1\_\_\_Yes 2\_\_\_No
- B12. Since you were 60 years old, who usually takes care of you whenever you get sick?
  - 00\_\_\_None/Self
     04\_\_\_Daughter-in-law
     96\_\_\_Other. SPECIFY: \_\_\_\_\_\_

     01\_\_\_Spouse
     05\_\_\_Son-in-law
     02\_\_\_Son

     02\_\_\_Son
     06\_\_\_Grandchild
     07\_\_\_Relative other than the aforementioned
    - 2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES (LSAHP)

The follo	owing questions are related to oral heal	th.				
B13.	Do you have dentures?					
	1Yes         CONTINUE           2No         GO TO B16					
B14.	Do you use your denture(s) when you	ı eat?				
	1Yes	2Sometimes		3No		
B15.	Are you satisfied with your dentures?					
	1Yes	2No	7Not sure			
IF PRO	XY INTERVIEW, GO TO B23.					
B16.	The following foods are ordered from are using dentures, please respond a <b>ONLY</b>					you
	1Dry Squid (fried) or Da 2Dilis (fried), fresh Carr 3Singkamas, red Toma 4Rice, boiled stringbear 5Banana, ripe Mango, b	ots, or Pilipit to, or Nata de coco ns, or fried Fish Ball	d-boiled egg			
Sleep						
B17.	On average, approximately how much	h do you sleep per ni	ight?			
	Hrs	Mins.	97	_Not sure		
B18.	Hrs Are you satisfied with your sleep?	Mins.	97	_Not sure		
B18.		Mins.	97	_Not sure _Not sure		
B18. B19.	Are you satisfied with your sleep?	2No	7	_Not sure	arely or never? <b>SHOW</b>	
	Are you satisfied with your sleep? 1Yes How often do you have trouble falling	2No	7	_Not sure	arely or never? <b>SHOW</b> 7DK	
	Are you satisfied with your sleep? 1Yes How often do you have trouble falling FLASHCARD	2No asleep? Would you 2Sometimes	7 say most of the tim 3Rarely	_Not sure ne, sometimes, or n 4Never	7DK	ver?
B19.	Are you satisfied with your sleep? 1Yes How often do you have trouble falling <b>FLASHCARD</b> 1Most of the time How often do you have trouble with w	2No asleep? Would you 2Sometimes	7 say most of the tim 3Rarely	_Not sure ne, sometimes, or n 4Never	7DK	ver?
B19.	Are you satisfied with your sleep? 1Yes How often do you have trouble falling <b>FLASHCARD</b> 1Most of the time How often do you have trouble with w <b>SHOW FLASHCARD</b>	2No asleep? Would you 2Sometimes vaking up during the 2Sometimes vaking up too early an	7 say most of the tim 3Rarely night? Would you s 3Rarely	_Not sure ne, sometimes, or r 4Never say most of the time 4Never	7DK e, sometimes, or rarely or nev 7DK	
B19. B20.	Are you satisfied with your sleep? 1Yes How often do you have trouble falling <b>FLASHCARD</b> 1Most of the time How often do you have trouble with w <b>SHOW FLASHCARD</b> 1Most of the time How often do you have trouble with w	2No asleep? Would you 2Sometimes vaking up during the 2Sometimes vaking up too early an	7 say most of the tim 3Rarely night? Would you s 3Rarely	_Not sure ne, sometimes, or r 4Never say most of the time 4Never	7DK e, sometimes, or rarely or nev 7DK	
B19. B20.	Are you satisfied with your sleep? 1Yes How often do you have trouble falling <b>FLASHCARD</b> 1Most of the time How often do you have trouble with w <b>SHOW FLASHCARD</b> 1Most of the time How often do you have trouble with w sometimes, or rarely or never? <b>SHOW</b>	2No asleep? Would you 2Sometimes vaking up during the 2Sometimes vaking up too early an V FLASHCARD 2Sometimes	7 say most of the tim 3Rarely night? Would you s 3Rarely nd not being able to 3Rarely	_Not sure he, sometimes, or r 4Never say most of the time 4Never o fall asleep again? 4Never	7DK e, sometimes, or rarely or new 7DK ? Would you say most of the t 7DK	ime,
B19. B20. B21.	Are you satisfied with your sleep? 1Yes How often do you have trouble falling <b>FLASHCARD</b> 1Most of the time How often do you have trouble with w <b>SHOW FLASHCARD</b> 1Most of the time How often do you have trouble with w sometimes, or rarely or never? <b>SHOW</b> 1Most of the time How often do you feel really rested w	2No asleep? Would you 2Sometimes vaking up during the 2Sometimes vaking up too early an V FLASHCARD 2Sometimes	7 say most of the tim 3Rarely night? Would you s 3Rarely nd not being able to 3Rarely	_Not sure he, sometimes, or r 4Never say most of the time 4Never o fall asleep again? 4Never	7DK e, sometimes, or rarely or new 7DK ? Would you say most of the t 7DK	ime,
B19. B20. B21.	Are you satisfied with your sleep? 1Yes How often do you have trouble falling <b>FLASHCARD</b> 1Most of the time How often do you have trouble with w <b>SHOW FLASHCARD</b> 1Most of the time How often do you have trouble with w sometimes, or rarely or never? <b>SHOW</b> 1Most of the time How often do you feel really rested w never? <b>SHOW FLASHCARD</b>	2No asleep? Would you 2Sometimes vaking up during the 2Sometimes vaking up too early an V FLASHCARD 2Sometimes hen you wake up in t 2Sometimes	7 say most of the tim 3Rarely night? Would you s 3Rarely nd not being able to 3Rarely the morning? Woul 3Rarely	_Not sure he, sometimes, or r 4Never say most of the time 4Never o fall asleep again? 4Never d you say most of t 4Never	7DK e, sometimes, or rarely or new 7DK ? Would you say most of the t 7DK the time, sometimes, or rarely 7DK	ime,

B24.	Do you take naps?
	1Yes, regularly         2Yes, not regularly         3No       GO TO B26         7DK       GO TO B26
B25. <b>NAPS</b>	How long do you take naps?Hrs.   Mins.    ASK AVERAGE DURATION OF
IF PRO	XY INTERVIEW, PROCEED TO B30.
Pain	
B26.	Are you often troubled with pain?
	1Yes 2No <b>GO TO B30</b> 7DK
B27.	How bad is the pain most of the time: mild, moderate or severe?
	1Mild 2Moderate 3Severe 7DK
B28.	Does the pain make it difficult for you to do your usual activities such as household chores or work?
	1Yes 2No 7DK
B29.	In what parts of your body did you feel pain? MULTIPLE RESPONSE
	A Head         B Neck         C Shoulders         D Back         E Lower back         F Joints of the hands/arms         G Hip joint         H Knees         I Ankle         J Feet         X Others. SPECIFY:
History	of fall
B30.	Have you fallen in the past 12 months?
	1Yes 2No GO TO B33 7DK
B31.	How many times have you fallen in the past 12 months?
	Number of times 97DK
B32.	In that fall/In any of those falls, did you injure yourself seriously enough to need medical treatment?
	1Yes 2No 7DK

B33. The Washington Group Short Set on Functioning (WG-SS)

The next questions ask about difficulties you may have doing certain activities because of a health problem. SHOW FLASHCARD

Questions	No, no difficulty	Yes, some difficulty	Yes, a lot of difficulty	Cannot do it at all
1 Do you have difficulty seeing, even if wearing glasses?	1	2	3	4
2 Do you have difficulty hearing, even if using a hearing aid?	1	2	3	4
3 Do you have difficulty walking or climbing steps?	1	2	3	4
4 Do you have difficulty remembering or concentrating?	1	2	3	4
5 Do you have difficulty (with self-care such as) washing all over or dressing?	1	2	3	4
6 Using your usual language, do you have difficulty communicating, (for example understanding or being understood by others)?	1	2	3	4

END OF BLOCK B. PROCEED TO BLOCK C.

# MAIN QUESTIONNAIRE BLOCK C PHYSICAL ABILITY AND DISABILITY

# NAGI Functioning Measures

The next questions will be on your physical ability and agility. Please indicate which of the following actions you find difficult to perform alone without the assistance of a person or physical prop or aid. FOR THOSE THAT REPLY "DIFFICULT," ASK TO WHAT EXTENT AND FROM WHAT AGE THE ACTION BECAME DIFFICULT. ASK (1) THROUGH (10), ONE AT A TIME.

	C1.	C2.	C3.
ACTIVITY	Do you find it difficult to alone	To what extent?	From what age did this become difficult?
	without the assistance of		, , , , , , , , , , , , , , , , , , ,
	a person or physical prop or aid?		
1. Walk 200 to 300 meters	1 Yes	1Somewhat difficult 3Unable to perform	Yrs. old
	2 No -	2Very difficult 7Not sure	997 Not sure
	7 Not sure GO TO # 2		
2. Climb 10 steps without resting	1 Yes	1Somewhat difficult 3Unable to perform	Yrs. old
	2 No 7	2 Very difficult 7 Not sure	997 Not sure
	7 Not sure GO TO # 3		
3. Stand (go without sitting) for 2 hours	1 Yes	1 Somewhat difficult 3 Unable to perform	Yrs. old
	2 No 7	2Very difficult 7Not sure	997 Not sure
	7 Not sure GO TO # 4		
4. Continue to sit for 2 hours	1Yes	1Somewhat difficult 3Unable to perform	Yrs. old
	2No	2Very difficult 7Not sure	997 Not sure
	7 Not sure GO TO # 5		
5. Stoop or bend your knees	1Yes	1 Somewhat difficult 3Unable to perform	Yrs. old
	2No 00_T0#C	2Very difficult 7Not sure	997 Not sure
	7 Not sure GO TO # 6		
6. Raise your hands above your head	1Yes	1 Somewhat difficult 3Unable to perform	Yrs. old
	2No	2Very difficult 7Not sure	997 Not sure
	7Not sure GO TO # 7		
7. Extend arms out in front of you as if to shake	1Yes	1 Somewhat difficult 3Unable to perform	Yrs. old
Hands	2No co to # a	2Very difficult 7Not sure	997 Not sure
	7Not sure GOTO#8		
8. Grasp with your fingers or move your fingers	1Yes	1 Somewhat difficult 3Unable to perform	Yrs. old
Easily	2No	2Very difficult 7Not sure	997 Not sure
	7Not sure GO TO # 9		
9. Lift an object weighing approximately 10 kg	1Yes	1 Somewhat difficult 3Unable to perform	Yrs. old
	2No	2Very difficult 7Not sure	997 Not sure
	7Not sureGO TO C4		
<ul> <li>7. Extend arms out in front of you as if to shake Hands</li> <li>8. Grasp with your fingers or move your fingers Easily</li> </ul>	2       No         7       Not sure         1       Yes         2       No         7       Not sure         7       GO TO # 8         1       Yes         2       No         7       Not sure         9       GO TO # 9         1       Yes         2       No         7       Not sure         60 TO # 9         1       Yes         2       No         1       Yes         2       No	2       Very difficult       7       Not sure         1       Somewhat difficult       3       Unable to perform         2       Very difficult       7       Not sure         1       Somewhat difficult       3       Unable to perform         2       Very difficult       7       Not sure         1       Somewhat difficult       3       Unable to perform         2       Very difficult       7       Not sure         1       Somewhat difficult       3       Unable to perform	997Not sure          Yrs. old           997Not sure          Yrs. old           997Not sure          Yrs. old           997Yrs. old

ACTIVITY	C1. Do you find it difficult to alone without the assistance of a person or physical prop or aid?	C2. To what extent?	C3. From what age did this become difficult?
10. Lift an object weighing approximately 5 kg	1Yes 2No 7Not sure <b>GO TO C4</b>	1Somewhat difficult       3Unable to perform         2Very difficult       7Not sure	Yrs. old 997 Not sure

# Activities of Daily Living

The next questions are concerning your ability to perform daily activities. Please respond to what extent you find each of the following activities difficult to perform alone without the assistance of a person or assistive device. FIRST ASK C4, THEN C5. CONTINUE WITH C6 THROUGH C7, IF APPLICABLE.

	C4	C5	C6	C7
ACTIVITIES OF DAILY LIVING	Do you find it difficult to alone without the assistance of a person or assistive device due to your health or physical state?	How difficult do you find it to by yourself?	When did you begin to experience this condition? IF IT HAS BEEN LESS THAN ONE YEAR, RECORD IN MONTHS. IF IT HAS BEEN MORE THAN ONE YEAR, RECORD IN YEARS.	Do you need assistance to
1. Take a bath/shower by yourself	1Yes         2No         7Not sure    GO TO # 2	1Somewhat difficult         2Very difficult         3Unable to perform activity         7Not sure	mo. yrs. 97Not sure 95Since birth	1Yes 2No 7Not sure
2. Dress	1Yes       2No       7Not sure   GO TO # 3	1Somewhat difficult         2Very difficult         3Unable to perform activity         7Not sure	mo. yrs. 97Not sure 95Since birth	1Yes 2No 7Not sure
3. Eat	1Yes         2No         7Not sure    GO TO # 4	1Somewhat difficult         2Very difficult         3Unable to perform activity         7Not sure	mo. yrs. 97Not sure 95Since birth	1Yes 2No 7Not sure

MAIN QUESTIONNAIRE				
ACTIVITIES OF DAILY LIVING	C4 Do you find it difficult to alone without the assistance of a person or assistive device due to your health or physical state?	C5 How difficult do you find it to by yourself?	C6 When did you begin to experience this condition? IF IT HAS BEEN LESS THAN ONE YEAR, RECORD IN MONTHS. IF IT HAS BEEN MORE THAN ONE YEAR, RECORD IN YEARS.	C7 Do you need assistance to ?
4. Stand up from a bed or chair; sit down on a chair	1Yes 2No 7Not sure	1Somewhat difficult         2Very difficult         3Unable to perform activity         7Not sure	mo. yrs. 97Not sure 95Since birth	1Yes 2No 7Not sure
5. Walk (around the house)	1Yes         2No         7Not sure    GO TO # 6	1Somewhat difficult         2Very difficult         3Unable to perform activity         7Not sure	mo. yrs. 97Not sure 95Since birth	1Yes 2No 7Not sure
6. Go outside (leave the house)	1Yes       2No       7Not sure   GO TO # 7	1Somewhat difficult         2Very difficult         3Unable to perform activity         7Not sure	mo. yrs. 97Not sure 95Since birth	1Yes 2No 7Not sure
7. Using the toilet	1 Yes 2 No 7 Not sure	1Somewhat difficult         2Very difficult         3Unable to perform activity         7Not sure	mo. yrs. 97Not sure 95Since birth	1Yes 2No 7Not sure

# IF THE RESPONDENT REPORTED DIFFICULTY IN ANY OF ITEMS 1 TO 7 IN C4 ABOVE, ASK THE FOLLOWING. OTHERWISE, GO TO C9.

C8. What is the cause of the difficulty? Please pick the first and second most important cause of the difficulty from the following: **MULTIPLE RESPONSE** 

ILLNESSES	C8. CHECK ALL MENTIONED	C8A. First	C8B. Second
A. Angina, myocardial infarction, etc.			
B. Cancer			
C. Cerebrovascular disease (hemorrhage, infarction, stroke, etc.)			
D. Dementia (only to be asked to the proxy)			
E. High blood pressure			
F. Diabetes			
G. Respiratory illness (chronic, such as asthma, emphysema)			
H. Digestive illness (stomach or intestinal)			
I. Renal or urinary tract ailments/kidney			
J. Ailments of the liver or gallbladder			
K. Arthritis, neuralgia or rheumatism			
L. Chronic back pain			
M. Osteoporosis			
N. Tuberculosis			
O. Cataracts			
P. Glaucoma			
Q. Fractures of the hip, thigh and pelvis/Broken hip			
R. Other fractures			
S. Slipped disc			
T. Old Age			
U. Accident			
X. Others. SPECIFY:			
Y. Not sure			

C9. Do you experience loss of bladder or bowel movement control?

- 1\_\_\_\_Loss of both bladder control and bowel movement
- 2\_\_\_Loss of bladder control only
- 3\_\_\_Loss of bowel movement control only
- 4\_\_\_No loss of control GO TO C11
- 7\_\_\_DK

C10 How often?

- 1\_\_\_Very often
- 2\_\_\_Often
- 3\_\_\_Sometimes

4\_\_\_Seldom 5\_\_\_Very seldom

# Instrumental Activities of Daily Living

Next is a question regarding slightly more complex physical capacities. How difficult is it for you to perform the tasks that I am about to read without help from other people or without using some form of technical aid. **ASK PER ACTIVITY** 

Instrumental Activities of	C11	C12	C13	C14
Daily Living	Do you find it difficult due to your	How difficult do you find it to	When did you begin to experience this condition? IF IT HAS BEEN	Do you need assistance to
	health or physical state?	by yourself?	LESS THAN ONE YEAR, PLEASE	f
			<b>RESPOND IN MONTHS. IF IT</b>	
			HAS BEEN MORE THAN ONE	
			YEAR, PLEASE RESPOND IN YEARS.	
1. Prepare own meals	1Yes	1Somewhat difficult	mo.	1Yes
	2No 3Unable to perform activity GO	2Very difficult 3Unable to perform	yrs. 97 Not sure	2No 7 Not sure
	due to another reason TO #2	activity - GO TO	95Since birth	
	7Not sure	7Not sure <b>#2</b>		
2. Leave the home to	1Yes	1Somewhat difficult	mo.	1Yes
purchase necessary items	2No	2Very difficult	yrs.	$2\underline{\qquad} No \rightarrow \\ 7\underline{\qquad} Nat arms$
or medication	3Unable to perform activity GO due to another reason TO #3	3Unable to perform activity GO TO	97Not sure 95Since birth	7Not sure
	7Not sure	7Not sure <b>#3</b>		
3. Take care of financial	1 Yes	1 Somewhat difficult	mo.	1 Yes
matters such as paying	2No	2Very difficult	no. yrs.	2No
utilities (electricity, water)	3Unable to perform activityGO	3Unable to perform	97Not sure	7Not sure
	due to another reason <b>TO #4</b> 7 Not sure	activity GO TO 7Not sure #4	95Since birth	
4. Use the telephone	1Yes 2 No	1Somewhat difficult	mo.	1Yes
	2No 3 Unable to perform activity <b>GO</b>	2Very difficult 3Unable to perform	yrs. 97 Not sure	2No 7 Not sure
	due to another reason TO #5	activity - GO TO	95Since birth	
	7Not sure	7Not sure <b>5</b>		
5. Dust, cleanup and other	1Yes	1Somewhat difficult	mo.	1Yes
light housework	2No 3Unable to perform activity GO	2Very difficult 3Unable to perform	yrs. 97 Not sure	2No 7 Not sure
	due to another reason <b>TO #6</b>	3Unable to perform	97Not sure 95 Since birth	
	7Not sure	7Not sure <b>#6</b>		

2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES (LSAHP)

Instrumental Activities of	C11	C12	C13	C14
Daily Living	Do you find it difficult due to your	How difficult do you find it to	When did you begin to experience	Do you need assistance to
	health or physical state?	by yourself?	this condition? IF IT HAS BEEN	?
			LESS THAN ONE YEAR, PLEASE	
			RESPOND IN MONTHS. IF IT	
			HAS BEEN MORE THAN ONE	
			YEAR, PLEASE RESPOND IN	
			YEARS.	
6. Take the bus or the	1 Yes	1 Somewhat difficult	mo	1 Yes
	2 No	2Very difficult	mo.	11es 2 No
jeepney or public transport to leave home	3 Unable to perform activity GO	3Unable to perform	yrs. 97Not sure	7 Not sure
to leave nome	due to another reason TO #7	activity - GO TO	95Since birth	
	7 Not sure	7 Not sure <b>#7</b>		
7. Take medication as	1Yes	1Somewhat difficult	mo.	1Yes
prescribed	2No	2Very difficult	yrs.	2No
	3Unable to perform activity GO	3Unable to perform	97Not sure	7Not sure
	due to another reason <b>TO</b>	activity - GO TO	95Since birth	
	7Not sure C15	7Not sure <b>C15</b>		

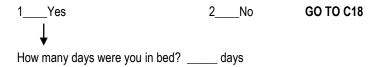
# IF THE RESPONDENT REPORTED DIFFICULTY IN ANY OF ITEMS 1 TO 7 IN C11 ABOVE, ASK THE FOLLOWING. OTHERWISE, GO TO C16:

C15. What is the cause of the difficulty? Please pick the first and second most important cause of the difficulty from the following: **MULTIPLE RESPONSE** 

ILLNESSES	C15. CHECK ALL MENTIONED	C15A. First	C15B. Second
A. Angina, myocardial infarction, etc.			
B. Cancer			
C. Cerebrovascular disease (hemorrhage, infarction, stroke,			
etc.)			
D. Dementia (only to be asked to the proxy)			
E. High blood pressure			
F. Diabetes			
G. Respiratory illness (chronic, such as asthma, emphysema)			
H. Digestive illness (stomach or intestinal)			
I. Renal or urinary tract ailments/kidney			
J. Ailments of the liver or gallbladder			
K. Arthritis, neuralgia or rheumatism			
L. Chronic back pain			
M. Osteoporosis			
N. Tuberculosis			
O. Cataracts			
P. Glaucoma			
Q. Fractures of the hip, thigh and pelvis/Broken hip			
R. Other fractures			
S. Slipped disc			
T. Old Age			
U. Accident			
X. Others. SPECIFY:			
Y. Not sure			

C16. Have you been bedridden for any reason during the past two weeks?

C17.



Personal Habits

C18. Do you currently smoke cigarettes/cigar?

1Yes►	C19	On the average, how many cigars/cigarettes do you usually smoke in one day?
		stick/s
	C20	How old were you when you started smoking? (about)
		years old GO TO C25
2No	C21	Did you use to smoke? 1Yes 2No GO TO C25
	C22	How many sticks per day?Stick/s
	C23	How old were you when you started smoking? (about)years old
	C24	How old were you when you stopped smoking? (about)years old
C25. Do you currently drink alcohol?		
1Yes►	C26	On the average, how often do you drink alcohol?
		1 (almost) every day5Less than once a month2Once every two or three days6Ocassional3Once a week7DK4Once or twice a month8NI
	C27	How old were you when you started drinking regularly? (about)years old. GO TO BLOCK D
2No►	C28	Did you use to drink?
		1Yes 2No <b>GO TO BLOCK D</b>
	C29	How old were you when you started drinking regularly? (about)years old
	C30	How old were you when you stopped drinking regularly? (about)years old
	END OF	BLOCK C. PROCEED TO BLOCK D.

#### BLOCK D MENTAL HEALTH

#### IF PROXY INTERVIEW, DO NOT ASK THE ENTIRE BLOCK. GO TO BLOCK E.

CES-D Scale

During the past 7 days, to what extent has the following been true to you? There may be some questions for which you have no answer or which seem the same as another question, but the same questions are used internationally in studies and tests. We ask for your full cooperation.

#### ASK ALL OF QUESTIONS 1 THROUGH 12.

D1. During the past 7 days, to what extent has the following been true to you? Is it not at all/rarely, sometimes, or often? <b>SHOW FLASHCARD</b>	Rarely/ Not at all	Sometimes	Often
1. Your appetite was poor	1	2	3
2. You felt depressed	1	2	3
3. You felt that everything you did was an effort	1	2	3
4. You sleep was restless	1	2	3
5. You felt happy	1	2	3
6. You felt lonely	1	2	3
7. You felt people were unfriendly	1	2	3
8. You enjoyed life	1	2	3
9. You felt sad	1	2	3
10. You felt that people dislike (do not like) you	1	2	3
11. You could not get "going"	1	2	3
12. You felt hopeful about the future	1	2	3

Self-rated Memory

- D2. How would you rate your memory at the present time? Would you say it is excellent, very good, good, fair, or poor?
  - 1\_\_\_ Excellent
  - 2\_\_\_\_ Very good
  - 3\_\_\_ Good
  - 4\_\_\_ Fair
  - 5\_\_\_ Poor
- D3. Compared with two years ago, would you say your memory is better now, about the same, or worse now than it was then?
  - 1\_\_\_\_ Better now
  - 2\_\_\_\_ About the same
  - 3\_\_\_\_ Worse now than it was then

#### D4. Are you satisfied with your present life? READ OUT RESPONSES

- 1 \_\_\_\_ Yes, Very satisfied
- 2 \_\_\_\_ Yes, Somewhat satisfied
- 3 \_\_\_\_ No, Not satisfied
- D5. How much do you feel that your family, relatives, or friends are willing to listen when you need to talk about your worries or problems? **READ OUT RESPONSES**

1A great deal	5Not at all
2Quite a bit	6Keep to myself
3Some	7DK
4Very little	

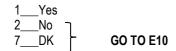
END OF BLOCK D. PROCEED TO BLOCK E.

#### **BLOCK E HEALTH UTILIZATION**

#### IF PROXY INTERVIEW, ASK ALL EXCEPT E30 TO E33.

In-patient Utilization

In the past 12 months, have you ever stayed overnight in a hospital or any other medical facility because of an illness or E1. accident?



- E2 How many times in the past 12 months did you stay at least overnight in a hospital or medical facility? \_\_\_\_\_times
- E3 The last time you were hospitalized, what type of facility did you use?

06\_\_\_Public specialty hospitals (Heart Center, Lung Center, Kidney Institute,

- 01\_\_\_Municipal hospital
   06\_\_\_Public specialty letc.)

   02\_\_\_District hospital
   07\_\_Private clinic

   03\_\_Provincial/City hospital
   08\_\_Private hospital

   04\_\_\_Regional hospital
   96\_\_Others. SPECIF

   96\_\_\_Others. SPECIFY:
- 05\_\_\_Public/national hospitals (PGH, East Avenue Medical Hospital, etc.)
- E4 What was/were the reason(s) why you were hospitalized? MULTIPLE RESPONSE
  - Diarrhea А
  - B Headache
  - C\_\_\_\_ Diabetes/Increase in blood sugar level
  - D\_\_\_\_ High blood pressure
  - E Stroke
  - F Asthma attack
  - X\_\_\_\_Others. SPECIFY: \_\_\_\_\_
- E5 Who paid the most for your hospitalization? CHOOSE ONE ONLY
  - 01 Respondent 05 Other relatives 02\_\_\_Spouse 06 Friends 96\_\_\_Others. SPECIFY: \_\_\_\_\_ 03 Children Grandchildren 04
  - Did you avail of PhilHealth benefits?

E6

- Yes, as Philhealth member 1
  - 2\_\_\_Yes, as Philhealth dependent
- 3\_\_\_\_No, not a PhilHealth member or dependent of a PhilHealth member
- 7 DK
- 9 Not applicable
- E7 Did you avail of other medical/health insurance aside from PhilHealth?

- E8 What kind of medical/health insurance?
  - \_Philhealth Α
  - B\_\_\_Private health insurance system
  - C Veterans

D\_\_\_Employees compensation

X\_\_\_Others. SPECIFY: \_\_\_\_\_

E9 Did you avail of discounts for the senior citizen for medical expenses?

1\_\_Yes 2\_\_No 7\_\_DK 9\_\_Not a senior citizen at that time

Out-patient Utilization

#### OUT-PATIENT MEANS THAT THE PATIENT DID NOT SPEND A NIGHT AT A FACILITY.

E10 In the past 12 months, have you received medical care for an illness or accident from any medical facility or practitioner without staying overnight?

E11 In the past 12 months, which health facility did you visit most as an out-patient? **CHOOSE ONLY ONE** 

01Barangay Health Station	06Regional hospital
02Rural health unit	07Public/National hospitals (PGH, East Avenue Medical Hospital, etc.)
03Municipal/community hospital	08Public Specialty hospitals (Heart Center, Lung Center, Kidney
04District hospital 05Provincial/City hospital	Institute, etc.) 09Private Clinic 10Private hospital 96Others (SPECIFY)

- E12 In the past 12 months, which health practitioner did you see most often for your health problems? CHOOSE ONLY ONE
  - 01\_\_\_\_Traditional practitioner
  - 02\_\_\_Doctor
  - 03\_\_\_Nurse
  - 04\_\_\_Midwife
  - 05\_\_\_Barangay Health worker (BHW)

96\_\_\_Other (SPECIFY) \_\_\_\_\_ 97 DK

E13 Within the past 12 months, have you felt ill, and thought about going to see a doctor, but didn't?

#### E14 Why didn't you go? **MULTIPLE RESPONSE**

- A\_\_\_Not enough money
- B\_\_\_Not enough time
- C\_\_\_Self-medication
- D\_\_\_Couldn't find a doctor
- E\_\_\_\_No transportation
- F\_\_\_Couldn't take time off from work to see a doctor
- G\_\_\_Illness was not serious/need is not urgent
- H\_\_\_\_Was afraid to find out about the illness
- I\_\_\_Too far
- J\_\_\_\_Don't know how to get there
- K\_\_\_Could not find someone to go with me
- X\_\_\_Others. SPECIFY: \_\_\_

#### IF MORE THAN ONE ANSWER IN E14 CONTINUE, OTHERWISE SKIP TO E16.

E16

E17

E18.

E19.

E21.

E22.

E23.

- E15 Of the reasons given in E14, what was the most important reason for not going to see a doctor? CHOOSE ONLY ONE
- 01 \_Not enough money 10\_\_\_\_Don't know how to get there 02\_\_\_Not enough time Could not find someone to go with me 11 03\_\_\_Self-medication 12\_\_\_Other (SPECIFY)\_\_\_\_ 04\_\_\_Couldn't find a doctor 97\_\_\_ \_DK 05 No transportation 98 NI 06 Couldn't take time off from work to see a doctor 99 NAP 07\_\_\_Illness was not serious/need is not urgent 08 Was afraid to find out about the illness 09 Too far Do you have a health insurance? 1 Yes 2 No GO TO E18 What type of health insurance? CHECK ALL MENTIONED A Philhealth D Employees compensation B\_\_\_Private health insurance system X Others. SPECIFY: C Veterans Vaccines for Older Persons Are you aware of the pneumococcal vaccine for older people? 1 Yes 2\_\_\_\_No GO TO E22 If yes, have you ever had a pneumococcal vaccination? 1 Yes 2 No GO TO E22 E20. If yes, where did you last get this vaccination? 01\_\_\_Barangay Health Station 06\_\_\_Regional hospital 02\_\_\_Rural health unit 07\_\_\_Public/National hospitals (PGH, East Avenue Medical Hospital, etc) 03\_\_\_Municipal hospital 08\_\_\_\_Public Specialty hospitals (Heart Center, Lung Center, Kidney Institute, etc.) 09 Private Clinic 04 District hospital 10 Private hospital 05\_\_\_\_Provincial/City hospital 96 Others: SPECIFY: What year did you last get this vaccination? \_\_\_\_\_Year Are you aware of the flu vaccine for older people? 1 Yes 2\_\_\_No GO TO E26 If yes, have you ever had a flu vaccine since you turned 60 years old? 1 Yes 2 No GO TO E26

#### E24. If yes, where did you last get this vaccination?

01Barangay Health Station	06Regional hospital
02Rural health unit	07Public/National hospitals (PGH, East Avenue Medical Hospital, etc.)
03Municipal hospital	08Public Specialty hospitals (Heart Center, Lung Center, Kidney
	Institute, etc.)
04District hospital	09Private Clinic
05Provincial/City hospital	10Private hospital
	96 Others: SPECIFY:

E25. What year did you last get this vaccination? \_\_\_\_\_Year

#### Long-Term Care

E26. Are you currently receiving care because of your continuing condition of ill-health or disability?

- E27. Who is mainly taking care of you?
  - 1\_\_\_Spouse
  - 2\_\_\_Son
  - 3\_\_\_Daughter
  - 4\_\_\_Daughter-in-law
  - 5\_\_\_Son-in-law
  - 6\_\_\_\_ Grandchild
  - 7\_\_\_\_ House help
  - 96\_\_\_\_ Others. SPECIFY: \_\_\_\_\_
  - 97\_\_\_Not sure
- E28. How often does (answer in E27) take care of you?
  - 1\_\_\_ Everyday
  - 2\_\_\_\_ Every few days
  - 3\_\_\_\_ Every week
  - 4 Every month
  - 5\_\_\_\_ Every few months

#### E29. What kind of care does (answer in E27) provide you? ACCEPT MULTIPLE RESPONSE

- A\_\_\_ Preparing my food
- B\_\_\_\_ Giving my medicine
- C\_\_\_\_ Self-care (e.g., bathing, washing, toileting, etc.)
- D\_\_\_\_ Getting up from bed/chair
- E Assist in moving around
- X Others. SPECIFY:

#### IF PROXY INTERVIEW, PROCEED TO BLOCK F.

The following questions are hypothetical and assume that you may need long-term care. First, (1) assume you have dementia (senility). (ASK E30 AND E31 BELOW.) Next, (2) you assume you have become an invalid. ASK E32 AND E33 BELOW.

E30. In case you will be needing long-term care in the future due to dementia (senility), who would you like to receive care from?

1	_Spouse
2	<u>`</u>
<u> </u>	

- 3\_\_\_Daughter 4 Daughter-in-la
- 4\_\_\_Daughter-in-law
- 5\_\_\_Son-in-law

6\_\_\_Personal aide 7\_\_\_Hospital 8\_\_Convalescence home 96\_\_\_Others. SPECIFY: \_\_\_\_\_ 97 Not sure

- E31 In case you will be needing long-term care in the future due to dementia (senility), who is most likely to take care of you?
  - 1\_\_\_Spouse6\_\_\_Personal aide2\_\_\_Son7\_\_\_Hospital3\_\_\_Daughter8\_\_\_Convalescence home4\_\_\_Daughter-in-law96\_\_\_Others. SPECIFY: \_\_\_\_\_5\_\_\_Son-in-law97\_\_\_Not sure
- E32. In case you will be needing long-term care in the future because you became invalid or bedridden, who would you like to receive care from?
  - 1\_\_\_Spouse6\_\_\_Personal aide2\_\_Son7\_\_\_Hospital3\_\_\_Daughter8\_\_\_Convalescence home4\_\_\_Daughter-in-law96\_\_\_Others. SPECIFY: \_\_\_\_\_5\_\_\_Son-in-law97\_\_\_\_Not sure
- E33. In case you will be needing long-term care in the future because you became invalid or bedridden, who is most likely to take care of you?

1Spouse	6Personal aide
2Son	7Hospital
3Daughter	8Convalescence home
4Daughter-in-law	96 Others. SPECIFY:
5Son-in-law	97 Not sure

#### END OF BLOCK E. PROCEED TO BLOCK F.

#### **BLOCK F INCOME AND ASSETS**

#### IF PROXY INTERVIEW, ASK ALL EXCEPT F1, F3, F5, AND F6.

- F1. Now, think about your family when you were growing up, from birth to age 16. Would you say your family during that time was pretty well-off financially, about average, or poor?
  - Pretty well-off 2\_\_\_\_Average 3\_ Poor 1
- F2. We would like to know your and your spouse's current sources of income. For each of the following sources, please tell me if you or your spouse receive income from it. READ OUT CATEGORIES

Sources of Income	Older Person R	Spouse	No
1. Earnings from work			
2. Pension (e.g., SSS, GSIS, etc.)			
3. Interest of time deposits, savings, and earnings from stocks			
4. From property and real estate rentals			
5. Income from family business (e.g. store, backyard piggery, poultry, etc.)			
6. Income from farm			
7. Money from children within the country			
8. Money from children outside the country			
9. Money from other relatives outside the household			

#### IF MORE THAN ONE ANSWER ABOVE, ASK F3. OTHERWISE, GO TO F4. F3 CANNOT BE ASKED TO THE PROXY.

- F3 Which of those you mentioned is the most important source to you? (WRITE THE NUMBER, e.g. 2 FOR PENSION)
- F4. All in all, how much total income do you (and your spouse) receive on average each month? (This includes pension, salary, earning from business, money received from children and relatives) NOTE: DO NOT ACCEPT RANGE.

#### IF PROXY INTERVIEW, GO TO F7.

F5. When you think about the income of all the members of your household and all the expenses for maintaining (or running) the whole household, would you say: CHECK ONE ONLY

1There is enough (income), with money left over	GO TO F7
2Just enough to pay expenses, with no difficulty	GO TO F7
3Some difficulty in meeting expenses	
4Considerable difficulty in meeting expenses -	CONTINUE
7 DK	GO TO F7

#### IF PROXY INTERVIEW, GO TO F7.

02

F6. What is your household's main source of funds to meet the shortfall in income? CHECK ONE ONLY

01Draw from savings o	of R and spouse
-----------------------	-----------------

- Request more money from children
- Borrow from money lenders (e.g. 5-6) 05
- 06

- 03 Sell assets
- Borrow from relatives/friends 04
- Borrow from bank 96 Others. SPECIFY:
- F7. Who owns the house that you are currently residing in?
  - 01 Respondent
  - 02 Spouse
  - 03 Belongs to both R and spouse
  - Jointly owned by R (or couple) and children 04
  - Belong to clan/ancestors 05
  - 06 Provided by government or employer
- 07 Parents and/or siblings Son/daughter 08 09 Other relative Renting 10 Others. SPECIFY: 96

#### Assets and Liabilities

#### F8. Do you and/or your spouse own other assets such as: CHECK ALL MENTIONED

A\_\_\_\_\_ Real estate besides your house and/or lot

- B\_\_\_\_ Cash
- C\_\_\_\_\_ Bank accounts
- D\_\_\_\_\_ Farm/fishpond
- E\_\_\_\_\_ Business (sari-sari store, poultry)

F\_\_\_\_\_Jewelry G\_\_\_\_\_ Appliances (TV, ref, microwave oven) H\_\_\_\_\_ Motor vehicles X\_\_\_ Others. SPECIFY:

F9. Do you and/or your spouse have any liability such as bank loans, personal loans, amortization, etc.?

1\_\_\_Yes 2\_\_\_No **GO TO BLOCK G** 

# F10. What are these liabilities? CHECK ALL MENTIONED

- A\_\_\_\_\_ Bank loans
- B\_\_\_\_\_ Personal loans
- C\_\_\_\_\_ Amortization for housing
- D\_\_\_\_\_ Loans from money-lenders (5-6), pawnshops, credit unions, cooperatives
- E\_\_\_\_\_ Loans from SSS/GSIS
- F\_\_\_\_\_ Unpaid debts from sari-sari store
- X\_\_\_\_ Others. SPECIFY: \_\_\_

END OF BLOCK F. PROCEED TO BLOCK G.

#### BLOCK G ATTITUDES AND BELIEFS

#### IF PROXY INTERVIEW, DO NOT ASK THE ENTIRE BLOCK. GO TO BLOCK H.

G1. Please tell me whether you agree or disagree with the following statements.

Statements	Agree	Disagree
1. It is the child's duty to support and take care of older/aged parents.	1	2
2. It is acceptable for someone in their 60s or older to fall in love.	1	2
3. It is acceptable for someone in their 60s or older to (re)marry if they find a suitable partner.	1	2
4. It is acceptable for children who looked after their parents to inherit larger portions of		
their estate when they pass away.	1	2
5. It is better for the ageing parent to live with a daughter than with a son.	1	2
6. Men should work to support the family, and women should stay home and take care of		
the household.	1	2
7. It is the parents' duty to do their best for their children even at the expense of their own wellbeing.	1	2

G2. What do you think is the best living arrangement for older persons like you, should they: **READ OUT RESPONSES** 

- 1\_\_\_Live by themselves
- 2\_\_\_Live by themselves but near one or more children
- 3\_\_\_\_Rotate residence among children
- 4\_\_\_Live with a son
- 5\_\_\_Live with a daughter
- 96\_\_\_Others. SPECIFY: \_\_\_

Loyola Generativity Scale

G3. For each of the following statements, please indicate how often the statements apply to you.

Is it never, occasionally/ seldom, fairly often, or very often/nearly always? SHOW FLASHCARD

Statements	Never	Occasionally/ seldom	Fairly often	Very often/ Nearly always
1. You have important skills you can pass along to others.	0	1	2	3
2. Many people come to you for advice.	0	1	2	3
3. You feel that other people need you.	0	1	2	3
4. You have had a good influence on the lives of other people.	0	1	2	3
5. You like to teach things to other people	0	1	2	3
<ol><li>Others would say you have made unique contributions to society.</li></ol>	0	1	2	3

END OF BLOCK G. PROCEED TO BLOCK H.

#### **BLOCK H** ACTIVITIES, SOCIAL ISOLATION, AND INFORMATION TECHNOLOGY

#### IF PROXY INTERVIEW, ASK ALL EXCEPT H5 AND H9 TO H15.

Now let us talk about your activities.

Could you please tell me how often you engage in the following activities? RECORD RESPONSE IN THE TABLE BELOW

#### **RECORD FREQUENCY OF PARTICIPATION AS FOLLOWS: (H1)**

\_Every day 1

- Several times/week 2
- 3 \_About once a week
- 4\_\_\_\_About once a month 5\_ \_A few times a year \_\_\_Never 0

9\_\_\_Not applicable

Activities		. Ho	w ofte	n? <b>SH</b>	IOW F	LASH	ICARD
1. Listen to radio	0	1	2	3	4	5	9
2. Read newspapers, magazines or books	0	1	2	3	4	5	9
3. Watch TV	0	1	2	3	4	5	9
4. Watch movies outside the house	0	1	2	3	4	5	9
5. Attend social activities (e.g. going together with friends, family or neighbors, going out to eat, walking for pleasure, attend parties, fiestas)		1	2	3	4	5	9
6. Physical exercises such as walking, calisthenics, ballroom dancing.	0	1	2	3	4	5	9
7. Gardening	0	1	2	3	4	5	9
8. Gambling for leisure (cockfight, mahjong, tong- its, casino, bingo, etc.)		1	2	3	4	5	9
9.Hangout with friends and neighbors (chikahan/kwentuhan)	0	1	2	3	4	5	9

Religiosity and ageing

Now, let us talk about your religious activities.

Religious activity	H2. Do you		atte		this a	ctivity		n have you g the last year s)?
1. Attend religious services outside the home	1Yes	2No GO TO H2.2	1	2	3	4	5	0
2. Attend religious activities outside the home (prayer, meeting, bible studies, etc.)	1Yes	2No GO TO H2.3	1	2	3	4	5	0
3. Pray by yourself or privately in places other than a public place of worship (e.g. church, mosque, etc.)	1Yes	2No GO TO H2.4	1	2	3	4	5	0
4. Perform religious activities at home with other family members (e.g. praying the rosary, bible study)	1Yes	2No GO TO H2.5	1	2	3	4	5	0
5. Watch or listen to religious activities through TV or radio	1Yes	2No GO TO H2.6	1	2	3	4	5	0
6. Read the Bible or any religious materials	1Yes	2No <b>GO TO H4</b>	1	2	3	4	5	0

Codes for H3:

1\_\_\_Everyday 2\_\_\_Several times/week 3\_\_\_About once a week 4\_\_About once a month 5\_\_\_A few times a year 0\_\_\_Never

- H4. Are you currently a member of any religious group or organization, e.g. CWL, CFC, Knights of Columbus, Men's Fellowships, etc.?
  - 1\_\_\_Yes 2\_\_\_No

#### IF PROXY INTERVIEW, GO TO H6.

- H5. How important is religion in your life?
  - 1\_\_\_Very important
  - 2\_\_\_Somewhat important
  - 3\_\_\_Not at all important
  - 8\_\_\_Dont know
  - 9\_\_\_Refused

#### Membership in Organizations

H6. Are you a member of any type(s) of non-religious organizations?

1\_\_\_Yes 2\_\_\_No **GO TO H9** 

- H7. What are these organizations? MULTIPLE RESPONSE
  - A\_\_\_\_\_ Business professional or farm association (e.g., Cooperative, Philippine Medical Association, etc.)
  - B\_\_\_\_\_ Political group (e.g., NAMFREL, PPCRV, Political parties, etc.)
  - C\_\_\_\_\_ Community center or social or recreational club (e.g., Rotary, Lions, Housing Association, etc.)
  - D\_\_\_\_ Clan association
  - E\_\_\_\_\_ Organization of retired older persons (e.g., Philippine Veterans Association, etc.)
  - X\_\_\_\_ Others. SPECIFY: \_\_\_\_\_
- H8. Are you engaged in any volunteer work in church or community, such as feeding program, teaching catechism, community services, etc.?

1\_\_\_Yes 2\_\_\_No 7\_\_\_Not sure

Social Isolation

#### IF PROXY INTERVIEW, GO TO H16.

H9. The next questions are about how you feel about different aspects of your life. For each one, tell me how often you feel that way.... SHOW FLASHCARD

Questions	Never	Rarely	Occasionally	Fairly often	Always
1. How often do you feel that you lack companionship?	0	1	2	3	4
2. How often do you feel left out?	0	1	2	3	4
3. How often do you feel isolated from others?	0	1	2	3	4

Now I am going to ask some questions about your relationships with other people. Most people discuss with others the good or bad things that happen to them, problems they are having, or important concerns they may have.

	Among all your relatives not living with you (includ s, etc.) SHOW FLASHCARD	ing children,	grandchildrer	n, in-laws, siblii	ngs, nieces, r	ephews, cous	ins, uncles,
		0	1	2	3~4	5~8	≥9
1	How many relatives do you see or hear from at least once a month?	0	1	2	3	4	5
2	How many relatives do you feel at ease with that you can talk about private matters?	0	1	2	3	4	5
3	How many relatives do you feel close to such that you could call on them for help?	0	1	2	3	4	5

	mong all your relatives not living with you (includ s, etc.) SHOW FLASHCARD	ing children,	grandchildre	n, in-laws, siblir	ngs, nieces, i	nephews, cousi	ns, uncles,
		Never	Seldom	Sometimes	Often	Very Often	Always
1	How often do you see or hear from relatives with whom you have the most contact?	0	1	2	3	4	5
2	When one of your relatives has an important decision to make, how often do they talk to you about it?	0	1	2	3	4	5
3	How often is one of your relatives available for you to talk to when you have an important decision to make?	0	1	2	3	4	5

H12. Are you satisfied with the level of contact with your relatives? SHOW FLASHCARD

- 1\_\_\_\_ Very satisfied
- 2 Satisfied
- 3\_\_\_\_ Unsatisfied
- 4\_\_\_\_Very unsatisfied
- 5\_\_\_\_Not sure

H13. A	113. Among all of your friends including those who live in your neighborhood SHOW FLASHCARD												
		0	1	2	3~4	5~8	≥ 9						
1	How many friends do you see or hear from at least once a month?	0	1	2	3	4	5						
2	How many friends do you feel at ease with that you can talk about private matters?	0	1	2	3	4	5						
3	How many friends do you feel close to such that you could call on them for help?	0	1	2	3	4	5						

H14. A	114. Among all of your friends including those who live in your neighborhood SHOW FLASHCARD												
		Never	Seldom	Sometimes	Often	Very Often	Always						
1	How often do you see or hear from friends with whom you have the most contact?	0	1	2	3	4	5						
2	When one of your friends has an important decision to make, how often do they talk to you about it?	0	1	2	3	4	5						
3	How often is one of your friends available for you to talk to when you have an important decision to make?	0	1	2	3	4	5						

H15. Are you satisfied with the level of contact with your friends? SHOW FLASHCARD

- 1\_\_\_\_ Very satisfied
- 2 Satisfied
- 3\_\_\_\_Unsatisfied 4\_\_\_Very unsatisfied 5\_\_\_ Not sure

#### Information Technology and Ageing

H20.

H22.

H24.

The next questions are about information technologies and information/telecommunication services.

H16. Do you have access to internet connection?

1Yes →		H17. How many hours in a day do you access the internet?	
		Hours in a day	
2No		H18. Do you have a social networking account like Faceboo Instagram, Twitter, etc.?	ok,
		1Yes 2No <b>GO TO H20</b>	
		H19 If yes, what are these? CHECK ALL MENTIONED	
		AFacebook BInstagram CYoutube DTwitter XOthers. SPECIFY:	
Do you have your own cellular pho	ne?		
1Yes	$\rightarrow$	H21 How many hours do you use your cellphone in a day?	
2No			
Do you have a tablet?			
1Yes	$\rightarrow$	H23 How many hours do you use your tablet in a day?	
2No			
Do you have a laptop?			
1Yes	$\rightarrow$	H25 How many hours do you use your laptop in a day?	
2No			

#### IF RESPONDENT ANSWERED YES IN ANY OF THE QUESTIONS FROM H16 TO H24, ASK H26. OTHERWISE, GO TO BLOCK I.

H26. Do you use any of these gadgets for the following?		
	Yes	No
A. Calling friends and family	1	2
B. Sending or receiving emails	1	2
C. Chat sites messaging	1	2
D. Voice or video call using the internet (e.g. Skype, Whatsapp, Viber, Messenger, FB)	1	2
E. Playing video or computer games	1	2
F. Watching movies and TV shows, and listening to music	1	2
G. Read e-books, magazines and online news	1	2
H. Internet banking	1	2

X. Other activities, SPECIFY \_\_\_\_\_

H27. Who helps you with the use of these technologies? CHECK ALL MENTIONED

ANone	G	Grandchild
BSpous	se H	Brother
CSon	L.	Sister
DDaug	hter J_	Other relatives
ESon-i	n-law K	Friends
FDaug	hter-in-law X	Others. SPECIFY:

END OF BLOCK H. PROCEED TO BLOCK I.

#### BLOCK I SERVICES FOR THE OLDER PEOPLE

#### IF PROXY INTERVIEW, ASK ALL EXCEPT I5 TO I12.

11. Have you heard about the government's program that provides privileges to senior citizens, 60 years and over like 20% discount on the purchase of medicine, fare fees, restaurants and recreation centers?

12. Are you a registered senior citizen, that is, do you have senior citizen ID card?

13. Have you availed of some of the privileges which the senior citizens are entitled to, like...? CHECK ALL MENTIONED

	PRIVILEGES	Yes	No
1.	20% discount on purchase of medicine;	1	2
2.	20% discount from all establishments for transportation services, hotels and similar lodging	1	2
est	ablishment, restaurants and recreation centers;		
3.	20% discount in admission fees charged by theaters, cinema houses and	1	2
	concert halls, circuses, carnivals and other similar places of culture, leisure, and amusement;		
4.	Exemption from the payment of individual income taxes;	1	2
5.	Exemption from training fees for socio-economic programs undertaken by the	1	2
	Office for Senior Citizens Affairs;		
6.	Free medical and dental services in government health facilities anywhere in the country	1	2

14. Are you a recipient of the P500 monthly social pension given by the Department of Social Welfare and Development (DSWD)?

1\_\_Yes 2\_\_No

### IF PROXY INTERVIEW, GO TO BLOCK J.

I5. Do you think it is a good idea to have "Homes for the Aged or the older person" in the Philippines?"Homes for the Aged" is a place where older people can live together with other older people away from their families.

1Yes -	<b></b>	16	Why? CHECK ALL MENTIONED
			<ul> <li>ASpare the family from burden of caring for the older person</li> <li>BHealth will be better taken care of</li> <li>CBetter chance to socialize with people of same age</li> <li>DBeneficial for those who have no one to care for them</li> <li>XOthers. SPECIFY:</li> </ul>
2No		17	Why not? CHECK ALL MENTIONED
			<ul> <li>AThe family should take care of the older person</li> <li>BOlder person will miss family</li> <li>COlder person will not want to live with strangers</li> <li>DExpensive</li> <li>EShameful for the family</li> <li>XOthers. SPECIFY:</li> </ul>
3It depends		18	It depends on what?
			<ul> <li>A If older person is abandoned</li> <li>B If children do not want to care of their ageing parents</li> <li>C If children do not treat their ageing parents well</li> <li>D If older person has no children or grandchildren</li> <li>E If the conditions and treatment in the Home for the Aged is good</li> <li>X Others. SPECIFY:</li></ul>

- 19. If there were "Homes for the Aged" near your current residence, would you ever want to live in such a place?
  - 1\_\_Yes
     GO TO I11

     2\_\_No
     GO TO BLOCK J

     3\_\_It depends
     7\_\_DK

110. If desire to live in a "Home for the Aged" is conditional, it depends on what? CHECK ALL MENTIONED

- A\_\_\_\_ If older person is abandoned
- B\_\_\_\_ If children do not want to care of their ageing parents
- C\_\_\_\_ If children do not treat their ageing parents well
- D\_\_\_\_ If older person has no children or grandchildren
- E\_\_\_\_ If the conditions and treatment in the Home for the Aged is good
- X\_\_\_ Others. SPECIFY: \_\_\_\_\_
- I11. If there were "Homes for the Aged" near your current residence, would you want to live there now?
  - 1\_\_\_Yes
     GO TO BLOCK J

     2\_\_\_No
     GO TO BLOCK J

     3\_\_\_It depends
     7\_\_\_DK
- I12. If desire to live in a "Home for the Aged" now is conditional, it depends on what? CHECK ALL MENTIONED
  - A\_\_\_\_ If older person is weak and sickly
  - B\_\_\_\_ If older person has no place to live/abandoned
  - C\_\_\_\_ If children do not want to care of their ageing parents/If older person becomes a burden
  - D\_\_\_\_ If children do not treat their ageing parents well
  - E\_\_\_\_ If older person has no children or grandchildren
  - F\_\_\_\_ If the conditions and treatment in the Home for the Aged is good
  - G\_\_\_\_ If children will allow
  - X\_\_\_ Others. SPECIFY: \_\_\_\_\_

#### END OF BLOCK I. PROCEED TO BLOCK J.

#### BLOCK J CHILDREN AND GRANDCHILDREN

#### IF PROXY INTERVIEW, ASK ALL EXCEPT J25 TO J30.

#### Children

Now, let's talk about your children.

J1 Do you have any children including adopted/stepchildren?

1\_\_\_Yes 2\_\_No **GO TO J31** 

- J2 How many children did you have over your lifetime (Referring to own children)? \_\_\_\_\_No. of children
- J3 How old were you when you had you first child? \_\_\_\_\_Years old
- J4 How many are still alive? \_\_\_\_\_ No. of living children
- J5 How many are dead? \_\_\_\_\_ No. of children dead
- J6 Do you have any adopted or stepchildren? 1\_\_\_\_ Yes 2\_\_\_\_ No GO TO J9
- J7 How many are living? \_\_\_\_\_ No. of living children
- J8 How many are dead? \_\_\_\_\_ No. of children dead

#### ASK RESPONDENT TO CONFIRM THE LIST OF NAMES OF CHILDREN.

Now, let's talk about your children and any kind of social contact and assistance that you gave them.

		Social o	contact		Assist	ance	
Line No.	Name of children	*J9. In the past 12 months, how often did you visit ?	*J10. In the past 12 months, how often did you write, call/text? (Any form of social contact)	J11. In the past 12 months, did you give financial support to? 1Yes 2No	J12. In the past 12 months, did you give material support like food, clothes, and medicine to? 1Yes 2No	J13. In the past 12 months, did you give instrumental support like bathing and going to the toilet to? 1Yes 2No	J14. In the past 12 months, did you give emotional support like companionship, consultation or advice for troubles to? 1Yes
R1							2No
R2							
R3							
R4							
R5							
110							
N1							
N2							
N3							
N4							
N5							

#### ASK RESPONDENT TO CONFIRM THE LIST OF NAMES OF CHILDREN.

Now, let's talk about the social contact and assistance that you received from your children.

		Social o	contact		Assis	tance	
Line No.	Name of children	*J15. In the past 12 months, how often were you visited by?	*J16. In the past 12 months, how often did you received letter, call or text from? (Any form of social contact)	J17. In the past 12 months, did you receive financial support from? 1Yes 2No	J18. In the past 12 months, did you receive material support like food, clothes, and medicine from? 1Yes 2No	J19. In the past 12 months, did you receive instrumental support like assistance in bathing and going to the toilet from? 1Yes 2No	J20. In the past 12 months, did you receive emotional support like companionship, consultation or advice for troubles from? 1Yes 2No
R1							
R2							
R3							
R4							
R5							
N1							
N2							
N3							
N4							
N5							

#### CODES FOR \*J9 AND \*J15 \_ - ...

#### CODES FOR \*J10 and \*J16 0\_\_\_Never

1Everyday	/Has not exchanged visits for more
2Every few days	than a year
3Every week	8Special occasions only (e.g., Christ-
4Every month	mas, Wedding, etc.)

4	Eve	ry moni	in	r
-	_			

5\_\_\_Every few month

6\_\_\_Every year

1\_\_\_\_Everyday 2\_\_\_Every few days

3\_\_\_Every week

4\_\_\_Once

9\_\_\_Not applicable

- J21. In the past 12 months, have you (and your spouse) ever given a large amount to help any of your children either to start a business, special medical expense, travel abroad, or some other special purpose like wedding, buying a house etc.?
  - 1\_\_Yes 2\_\_No GO TO J23
- J22. If gave large amount, how much did it amount to? \_\_\_\_\_
- J23. Do you get monthly financial support from any of your children?
  - 1\_\_\_Yes 2\_\_\_No GO TO J25
- J24. On average, how much money do you receive from all your children every month?

#### ASK J25 ONLY TO THOSE WITH LIVING CHILDREN. FOR THOSE WITH NO CHILDREN, SKIP TO J31.

#### IF PROXY INTERVIEW, GO TO J31.

- J25. Do you plan to rely on your children (including adoptive or stepchildren) for financial support?
  - 1\_\_\_\_Yes 2 No
  - 3\_\_\_\_\_ Haven't thought of issue yet
- J26. Are you satisfied with the level of contact with your children?
  - 1\_\_\_Yes, very satisfied. 2\_\_\_Yes, satisfied but can be improved. 3\_\_\_No, I am not satisfied.
- J27. Are you satisfied with the level of assistance given by your children?
  - 1\_\_\_Yes, very satisfied. 2\_\_\_Yes, satisfied but can be improved 3\_\_\_\_No, I am not satisfied 4\_\_\_I am not getting any assistance from any of my children
- J28. Among all your children, who do you think is the most likely to take care of you in the future when you need help?
- J29. Why do you think \_\_\_\_\_\_ will most likely take care of you in the future? \_\_\_\_\_
- J30. Other than \_\_\_\_\_, who else among your other children will most likely take care of you in the future when you need help? \_\_\_\_\_

IF OLDER PERSON R HAS CHILDREN (J1 = 1), CONTINUE. IF OLDER PERSON R HAS NO CHILDREN (J1 = 2), GO TO BLOCK K.

Grandchildren

Now, let's talk about your grandchildren.

J31. Do you have any grandchildren from you own, step and adopted children?

1\_\_\_\_Yes, from own, step and adopted children

0\_\_\_None GO TO BLOCK K

J32. Do you take care of any of your grandchildren, either fully or partially?

1\_\_\_Yes 2\_\_\_No **GO TO BLOCK K** 

Let us talk about your own grandchildren you take care of either fully or partially at present. Please give me their names starting from oldest to youngest.

J33. Name of own grandchild	*J34. Sex of grandchild 1 Male 2 Female	J35. Age of grandchild	J36. Who is the parent of this grandchild? 1 - R's son 2 - R's daughter	J37. Does this grandchild live with you? 1_Yes 2_Lives next door 3_Lives in same barangay 4_Lives outside the barangay	J38. Are you solely in charge of taking care of? 1 – Yes 2 – No (GO to J40)	*J39. Why are you solely in charge of taking care of ? GO TO J41	*J40. If partially, what kind of care do you give ? MULTIPLE RESPONSE	J41. How many hours per week on average do you spend for the care of?

J42. At what age did you first have a biological grandchild? \_\_\_\_\_ 97\_\_\_ DK

#### \*CODES FOR J39

#### \*CODES FOR J40

A Babysitting B Fetching and bringing child to school C Helping in schoolwork D Playing with the child E Bringing the child to the doctor/taking care of the child when sick F Helping in feeding, etc. X Others. SPECIFY: \_\_\_\_\_

END OF BLOCK J. PROCEED TO BLOCK K.

#### BLOCK K CONSENT FOR ANCHOR CHILD AND CAREGIVER

We would	d also like to interview one of your	children and your currer	t or potential primary caregiver.	
Primary/p	potential caregiver			
K1.	Do you have a primary caregiver	at the moment?		
	1Yes	2No	GO TO K4	
K2.	Is it okay to interview this person?	)		
	1Yes	2No	GO TO K7	
K3.	Can we have the name and the co	ontact details of your pri	mary caregiver?	
	Name: Contact number: Relationship to older person:			
KA.	GO TO K7	om vou think will take or	ara af you when you need ano?	
K4.	Do you have a person in mind wh		GO TO K7	
K5.	1Yes Is it okay to interview this person?	2No	30 TO K/	
NJ.	1 Yes	2 <u>N</u> o	GO TO K7	
K6.	Can we have the name and the c			
	Name: Contact number: Social media account/s: Relationship to older person:			
Children				
K7.	Is it okay for you if we contact any	one of your children for	interview?	
	1Yes	2No <b>GO</b> T	OK9 9No children GO TO K9	
K8. Can	we get his/her contact information	from you?		
	1Yes	2No	9No children available for interview	GO TO K9
	Name: Contact number: Social media account/s: Name: Contact number: Social media account/s:			
K9. In ca	se we want to get in touch with you	ı in the future, who do yo	ou think should we contact?	
	Name: Contact number: Social media account/s: Relationship to older person:			

- 1\_\_\_\_Same as K3 (Primary caregiver)
- 2\_\_\_Same as K6 (Potential caregiver)

#### END OF INTERVIEW.

End time: \_\_\_\_\_

#### BLOCK L COGNITIVE ASSESSMENT

## IF PROXY INTERVIEW, DO NOT ASK THE ENTIRE BLOCK.

Start time	9:						
Scoring:	One point for each correct a	nswer.					
L3.	What season is it?					1 = Correct 0 = Incorrect	
L8.	Count backwards from 20 to	o 1.					
	Trial #1: (CIRCLE EACH C	ORRECT RESPO	NSE):	20 19 18 17	16 15 14 13	3 12 11 10 9 8 7 6	54321
	(IF PARTICIPANT CORRE CORRECTLY COUNT BAC					POINTS. IF PARTIC	IPANT DID NOT
	Trial #2: (ADMINISTER ON again. I would like for you to				TLY COMPL	ETE TRIAL #1): Now	, let's try that
			20 19	18 17 16 15 14	13 12 11 1	0 9 8 7 6 5 4 3 2	2 1
	IF PARTICIPANT CORRECTION NOT CORRECTLY COMP					POINT). IF PARTICII	PANT DID
						(Score = 0, 1 or 2) _	
L9.	I am going to read a list of 1 words as you can, in any or			ly and try to reme	mber them. V	Vhen I am done, tell r	ne as many
	Cabin		Theatre		_		
	Pipe		Watch		_		
	Elephant		Whip		_		
	Chest		Pillow		_		
	Silk		Giant		_		
	Now, tell me all the words y	ou can remember	. (CHECK E	ACH CORRECT	RESPONSE	ABOVE)	
						(Total correct = 0–1	0)
L10. away 7? <b>ANSWEI</b>	Now I'd like you to subtract (RECORD THE OLDER PEI RS)	7 from 100. Then RSON R'S RESPO	keep subtra DNSES IN T	cting 7 from each HE BOXES. SCC	answer until DRE THE TO	I tell you to stop. What TAL NUMBER OF CO	at is 100 take <b>DRRECT</b>
		93	86	79	72	65	
							N
						(Total correct = 0–5	)

L12. How many things are in a dozen? (THE CORRECT ANSWER IS 12)

0\_\_\_\_ Incorrect 1\_\_\_\_ Correct

L20. I'm going to give you a word and I want you to give me its opposite. For example, the opposite of hot is cold. What is the opposite of west? (THE CORRECT ANSWER IS EAST)

0\_\_\_\_ Incorrect 1\_\_\_\_ Correct

L22. "Earlier I read a long list of words to you. Please tell me all of the words that you can remember from that list."

#### (CHECK EACH CORRECT RESPONSE)

Cabin	 Theatre	
Pipe	 Watch	
Elephant	 Whip	
Chest	 Pillow	
Silk	 Giant	
		(Score = 0-10)

L23. Now I want to see how many different animals you can name. You will have 60 seconds. When I say, 'Begin,' say the animal names as fast as you can.

SUBTOTAL CORRECT: \_\_\_\_\_

END OF INTERVIEW.

End time: \_\_\_\_\_

GO TO OQ1 to OQ3

GO TO OQ4 to OQ5

**GO TO OBSERVATION 2** 

Post interview: Observations of the Interviewer

Observation 1. Select one from below that best describes the interview.

- 1. Responses given by the subject
- 2. Responses given by the subject who required the assistance of a third party
- 3. Responses given by proxy

(Those responding "1" for Observation 1)

OQ1. During the survey, was there someone either present in the room or in a room nearby who could hear the contents of the interview?

<ol> <li>Yes, during most of the interview</li> <li>Yes, during half of the interview</li> <li>Yes, at times during the interview</li> <li>For the most part, no third party was</li> </ol>	GO TO OQ2 s present to hear GO TO OBSE	RVATION 2				
OQ2. If there was someone present, what was his or her relationship to the subject? CHECK ALL MENTIONED						
A Spouse B Son C Daughter	D Daughter-in-law E Son-in-law F Grandchild	G Relative other than the aforementioned. SPECIFY: X Others. SPECIFY:				
OQ3. To what extent did this third party in	nfluence the subject's response?					
<ol> <li>Would correct the subject's responses or prevent the subject from giving his or her own responses</li> <li>Listened to the interview, but did not interrupt verbally</li> <li>Hardly paid any attention to the interview</li> <li>Didn't seem to have any effect on the subject's responses</li> </ol>						
GO TO OBSERVATION 2						
(Those responding"2" for Observation 1)						
OQ4. If there was someone assisting the	subject, what was his or her relation	ship to the subject? CHECK ALL MENTIONED				
A Spouse B Son C Daughter	D Daughter-in-law E Son-in-law F Grandchild	G Relative other than the aforementioned. SPECIFY: X Others. SPECIFY:				
OQ5. Why was someone needed to assis	st the subject? CHECK ALL MENTIC	DNED				

#### TO ALL RESPONDENTS

Observation 2. The following concerns your impression of the subject. THIS INCLUDES SUBJECTS RESPONDING FOR THEMSELVES, WITH THE ASSISTANCE OF A THIRD PARTY OR BY PROXY.

Impressions	Yes	Somewhat	Not really	No	Not sure
1) Did you feel that the subject was mentally competent enough to provide adequate responses?	1	2	3	4	5
2) Did you feel that the subject's responses were largely accurate?	1	2	3	4	5
3) Did you feel that the subject understood the questions?	1	2	3	4	5
4) Did you feel that the subject was responsive to and enjoyed the interview?	1	2	3	4	5

 Observation 3. How tired did the subject appear after the interview?

 1\_\_\_\_ Very
 2\_\_\_\_ Somewhat

3\_\_\_\_Not at all

 Observation 4. Did you experience trouble interviewing the subject due to hearing difficulties on the part of the subject?

 1\_\_\_\_Yes
 2\_\_\_\_No
 3\_\_\_\_Not sure

#### IF YES, CONTINUE TO OQ6. OTHERWISE, END.



Demographic Research and Development Foundation, Inc Economic Research Institute for ASEAN and East Asia



# 2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES

# **CAREGIVER QUESTIONNAIRE**

# IDENTIFICATION AND CALL RECORD

IDENTIFICATION NUMBER		
PROVINCE		
CITY/MUNICIPALITY		
BARANGAY		
URBAN/RURAL (URBAN=1, RURAL=2)	)	
ENUMERATION AREA		
NAME OF RESPONDENT		
ADDRESS		
MOBILE NUMBER		

		INT	<b>FERVIEW REC</b>	ORD			
	1		2		3	FINAL VISIT	
DATE						DAY MONTH	
INTERVIEWER'S NAME						YEAR	E
RESULT*						RESULT*	
NEXT VISIT: DATE TIME						TOTAL NO. OF VISITS	
2	COMPLETED NOT AT HOME POSTPONED	4 REFUSED 5 PARTLY C 6 OTHERS/S					
LANGUAGE OF INTERVIEW 1 ENGLISH 2 TAGALOG 3 CEBUANO 4 WARAY							
INTERVIEWER		SU	PERVISOR		EDIT	OR [	
Name and signature	Date	Name a	nd signature	Date	Name and	signature D	ate

#### INTRODUCTION AND CONSENT

You have been identified by (Name of Older Person R) as his/her primary (or potential) caregiver. We have asked his/her permission for your participation in this study. We would like to ask you some questions about what this responsibility means to you. Your participation in this study will help us understand informal care and how to improve care for older people. All your answers will be held strictly confidential.

Do you have any questions? May I begin now?

1 Respondent agrees to be interview ...... GO TO PC1.

2 Respondent does not agree to be interviewed

END. THANK THE RESPONDENT.

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES		
	RECORD THE TIME STARTED.	HOURS MINUTES		
PC1	Household Number			
PC2	Line Number of Older Person R			
PC3	Line Number of Primary/Potential Caregiver Respondent (If living in the same household as Older Person R)			
PC3A	Type of Caregiver	PRIMARY POTENTIAL	1 2	
PC4	Name of Primary/Potential Caregiver Respondent			
PC5	Address			
PC6	Telephone Number			
PC7	Email address			
PC8	Social media account			

NO.	QUESTIONS AND FILTERS			CODING CATEGORIES	
PC9	In what month and year were you born?	,		MONTH	$\neg \neg$
	COMPARE, PROBE IF NEEDED AI PCQ9 AND PCQ10 IF INCONSISTE		СТ	YEAR	
PC10	How old were you as of your last birthday?			AGE IN COMPLETED YEARS	
PC11	Sex of respondent			MALE	1
				FEMALE	2
PC12	What is the highest grade/year you com	npleted?		NO GRADE COMPLETED	000
				PRESCHOOL	100
				ELEMENTARY GRADE 1	110
				ELEMENTARY GRADE 2	120
	KINDERGARTEN	400		ELEMENTARY GRADE 3	130
	GRADE 1	410		ELEMENTARY GRADE 4	140
	GRADE 2	420		ELEMENTARY GRADE 5	150
	GRADE 3	430		ELEMENTARY GRADE 6	160
	GRADE 4	440		ELEMENTARY GRADE 7	170
	GRADE 5	450		ELEMENTARY GRADUATE	180
	GRADE 6	460			
	GRADE 7	470		HIGH SCHOOL YEAR 1	210
	GRADE 8	480		HIGH SCHOOL YEAR 2	220
	GRADE 9	490		HIGH SCHOOL YEAR 3	230
	GRADE 10	500		HIGH SCHOOL YEAR 4	240
	GRADE 11	510		HIGH SCHOOL GRADUATE	250
	GRADE 12	520			
	K-12 GRADUATE	530		POST SECONDARY 1st YEAR	310
				POST SECONDARY 2nd YEAR	320
	SPED ELEM., NOT GRADUATED	191		POST SECONDARY 3rd YEAR	330
	SPED ELEM., GRADUATED	192		PS GRADUATE	370
	SPED HS., NOT GRADUATED	193		SPECIFY DEGREE	
	SPED HS., GRADUATED	194		COLLEGE YEAR 1	710
				COLLEGE YEAR 2	720
				COLLEGE YEAR 3	730
				COLLEGE YEAR 4	740
	MASTER'S DEGREE, NOT GRADUATED 9			COLLEGE YEAR 5	750
	MASTER'S DEGREE, GRADUATEI		920	COLLEGE YEAR 6 OR HIGHER	760
	DOCTORATE DEGREE, NOT GRADUATED			COLLEGE GRADUATE	770
	DOCTORATE DEGREE, NOT GRADUATED 9 DOCTORATE DEGREE, GRADUATED 9			SPECIFY DEGREE	

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES		
PC13	Did you receive caregiver training?		1 2	
PC14	What is your current marital status? Are you never married, married, living-in, separated, divorced or widowed?	MARRIED 2 LIVE IN 3 SEPARATED 2 DIVORCED 5	1 2 3 4 5 6	
PC15	Are you currently working?	STOPPED WORKING COMPLETELY	1 2 3	} PC17
PC16	What type of work are you currently engaged in? RECORD VERBATIM RESPONSE	PSOC		
RELA	ATIONSHIP TO OLDER PERSON RESPONDENT			
PC17	How are you related to (Name of Older Person R)?	SON/DAUGHTER0SON-IN-LAW/DAUGHTER-IN-LAW0GRANDCHILD0PARENT0PARENT-IN-LAW0BROTHER/SISTER0OTHER RELATIVE0ADOPTED/FOSTER/STEPCHILD0NOT RELATED1	)1 )2 )3 )4 )5 )6 )7 )8 )9 )0 )7	
PC18	At present, do you live in the same household as (Name of Older Person R)?	NO, LIVES NEXT DOOR0NO, LIVES IN SAME BARANGAY0NO, LIVES IN THE SAME CITY/0MUNICIPALITY0NO, LIVES IN THE SAME PROVINCE0NO, LIVES IN A DIFFERENT0PROVINCE0	)1 )2 )3 )4 )5 )6 )7	

	QUESTIONS AND FILTERS	CODING CATEGORIES		
HEAL	TH STATUS			
PC19	Now, I would like to ask you about your own personal health. In general, how would you describe your state of health? READ OUT RESPONSES	VERY HEALTHY HEALTHIER THAN AVERAGE OF AVERAGE HEALTH SOMEWHAT UNHEALTHY VERY UNHEALTHY NOT SURE	1 2 3 4 5 6	IF PRIMARY CAREGIVER SKIP TO PC21. OTHERWISE CONTINUE.
PC20	In case (Name of Older Person R) would need personal care, are you willing to assume primary responsibility as caregiver?	YES NO, BUT WILL PAY SOMEONE TO DO THE JOB NO, I AM NOT EQUIPPED/ TRAINED TO PROVIDE CARE	1 2 3	END OF
	The following questions concern (Name of Older Person R)'s	ability to perform daily activities Please te	ll mo to v	
PC21	extent you think he/she finds difficulty to perform the following or assistive device due to his/her health or physical state. Does (Name of Older Person R) find it difficult to take a bath or shower by himself/herself due to his/her health or physical state?			PC23
	or assistive device due to his/her health or physical state. Does (Name of Older Person R) find it difficult to take a bath or shower by himself/herself due to his/her	g activities alone without the assistance of a DIFFICULT NOT DIFFICULT	person 1 2	
PC22	or assistive device due to his/her health or physical state. Does (Name of Older Person R) find it difficult to take a bath or shower by himself/herself due to his/her health or physical state?	g activities alone without the assistance of a DIFFICULT NOT DIFFICULT NOT SURE YES NO	person 1 2 3 1 2	

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES	
PC25	Does (Name of Older Person R) find it difficult to eat by himself/herself due to his/her health or physical state?	DIFFICULT 1 NOT DIFFICULT 2 NOT SURE 3	- PC27
PC26	Does he/she need asistance to eat?	YES 1 NO 2 NOT SURE 3	
PC27	Does (Name of Older Person R) find it difficult to stand up from a bed or chair, sit down on a chair by himself/ herself due to his/her health or physical state?	DIFFICULT 1 NOT DIFFICULT 2 NOT SURE 3	} PC29
PC28	Does he/she need asistance to stand up from a bed or chair, sit down on a chair?	YES 1 NO 2 NOT SURE 3	
PC29	Does (Name of Older Person R) find it difficult to walk (around the house) by himself/herself due to his/her health or physical state?	DIFFICULT 1 NOT DIFFICULT 2 NOT SURE 3	} PC31
PC30	Does he/she need asistance to walk (around the house)?	YES 1 NO 2 NOT SURE 3	
PC31	Does (Name of Older Person R) find it difficult to go outside (leave the house) by himself/herself due to his/her health or physical state?	DIFFICULT 1 NOT DIFFICULT 2 NOT SURE 3	} PC33
PC32	Does he/she need asistance to go outside (leave the house)?	YES 1 NO 2 NOT SURE 3	
PC33	Does (Name of Older Person R) find it difficult to use the toilet by himself/herself due to his/her health or physical state?	DIFFICULT 1 NOT DIFFICULT 2 NOT SURE 3	]- PC35

#### PRIMARY/POTENTIAL CAREGIVER QUESTIONNAIRE

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES			
PC34	Does he/she need asistance to use the toilet?	YES 1 NO 2 NOT SURE 3			
TIME	TIME SPENT CARING FOR OLDER PERSON R The following questions are about the amount of time you spend caring or looking after (Name of Older Person R). We will be asking you whether you have given assistance for various activities of daily life to (Name of Older Person R). In the past week, have you had to help (Name of Older Person R) with the following tasks and activities due to his/her health problems:				
PC35	Household tasks such as preparing food and drinks, cleaning the house, washing, ironing and sewing of clothes, shopping for groceries or odd jobs in the house or the garden? If yes, how many hours per week?	YES 1 NO 2 NOS. OF HOURS PER WEEK			
PC36	Personal care (dressing and undressing, washing, combing, shaving), going to toilet, moving around the house, eating, drinking or administering medication? If yes, how many hours per week?	YES 1 NO 2 NOS. OF HOURS PER WEEK			
PC37	Moving around outside the house, going on outings and visiting family or friends, contacts with health care (accompanying him/her for example to the doctor, hospital, therapy) arranging assistance, devices and/or home modifications and organizing financial and administrative matters? If yes, how many hours per week?	YES 1 NO 2 NOS. OF HOURS PER WEEK			
PC38	Does (Name of Older Person) receive help from other caregivers or volunteers besides you?	YES 1 NO 2			
PC39	In your opinion, one being easy and 10 being difficult, how easy or how hard is it to care for (Name of Older Person R)?	DIFFICULTY IN CARING FOR R			
PC40	How long have you been taking care of (Name of Older Person R)?	NUMBER OF MONTHS			

#### PRIMARY/POTENTIAL CAREGIVER QUESTIONNAIRE

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES	
PC41	Why are you the primary caregiver of (Name of Older Person R)?	I VOLUNTEERED OLDER PERSON R REQUESTED ME OTHER FAMILY MEMBERS REQUESTED ME I AM THE ONLY ONE AVAILABLE OTHERS: SPECIFY:	1 2 3 4 5
SITU	ATION AS A CAREGIVER I will now mention some statements that describe your experier Please tell me if you strongly disagree, disagree, neutral, agree	- · · · · · · · · · · · · · · · · · · ·	
PC42	I gain personal satisfaction from performing my care tasks for (Name of Older Person R).	STRONGLY DISAGREE DISAGREE NEUTRAL AGREE STRONGLY AGREE	1 2 3 4 5
PC43	I have problems with (Name of Older Person R) (for example, he/she is demanding, we have communication problems, he/she has started behaving differently).	STRONGLY DISAGREE DISAGREE NEUTRAL AGREE STRONGLY AGREE	1 2 3 4 5
PC44	I have problems with my own mental health (feeling of stress, anxiety, despondency, concern about the future).	STRONGLY DISAGREE DISAGREE NEUTRAL AGREE STRONGLY AGREE	1 2 3 4 5
PC45	I have problems with my own physical health (being sick more often, fatigue, physical over-exertion).	STRONGLY DISAGREE DISAGREE NEUTRAL AGREE STRONGLY AGREE	1 2 3 4 5

#### PRIMARY/POTENTIAL CAREGIVER QUESTIONNAIRE

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES		
PC46	I have problems combining my daily activities (work, household chores, education, family and free time) with my care tasks for (Name of Older Person R).	STRONGLY DISAGREE DISAGREE NEUTRAL AGREE STRONGLY AGREE	1 2 3 4 5	
PC47	I have financial problems concerning my care tasks for (Name of Older Person R).	STRONGLY DISAGREE DISAGREE NEUTRAL AGREE STRONGLY AGREE	1 2 3 4 5	
PC48	I have support from family/friends/neighbors/paid help in performing my care tasks for (Name of Older Person R).	STRONGLY DISAGREE DISAGREE NEUTRAL AGREE STRONGLY AGREE	1 2 3 4 5	
	END OF INT	l ERVIEW		



Demographic Research and Development Foundation, Inc Economic Research Institute for ASEAN and East Asia



# 2018 LONGITUDINAL STUDY OF AGEING AND HEALTH IN THE PHILIPPINES

# ADULT CHILD QUESTIONNAIRE

# **IDENTIFICATION AND CALL RECORD**

		INTERVIEW REC	ORD		
	1	2	3	FINAL VISIT	
DATE				DAY MONTH	
INTERVIEWER'S NAME				YEAR INTERVIEWER'S CO	DDE
RESULT*				RESULT*	
NEXT VISIT: DATE TIME				TOTAL NO. OF VISITS	
	1 COMPLETED 2 NOT AT HOME 3 POSTPONED	4 REFUSED 5 PARTLY COMPLETED 6 OTHERS/SPECIFY			
LANGUAGE OF INTERVIEW 1 ENGLISH 2 TAGALOG 3 CEBUANO 4 WARAY					
INTERVIEWER		SUPERVISOR		EDITOR	
Name and signature	Date	Name and signature	ate Nam	e and signature D	ate

#### INTRODUCTION AND CONSENT

You have been identified as one of the children of (Name of Older Respondent R), who is a respondent in our study, Longitudinal Study of Aging and Health in the Philipppines. We asked permission from your parent to contact you to participate in this study. As part of the study, we would like to understand the dynamics of parent-child relationship, especially in old age. We would like to ask you some questions about your relationship with your parent. Your participation in this study will help us better improve the care for older people in the country.

Do you have any questions about the survey? May I begin the interview now?

- 1 Respondent agrees to be interviewed ...... GO TO AC1.
- 2 Respondent does not agree to be interviewed END. THANK THE RESPONDENT.

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES	
	RECORD THE TIME STARTED.	HOURS MINUTES	
AC1	Household Number		
AC2	Line Number of Older Person R		
AC3	Line Number of Adult Child of Respondent (If living in the same household as Older Person R)		
AC4	Name of Adult Child Respondent		
AC5	Address		
AC6	Telephone Number		
AC7	Email address		
AC8	Social media account		

NO.	QUESTIONS AND FILTERS			CODING CATEGORIES		
AC9	In what month and year were you born?			MONTH		
	COMPARE, PROBE IF NEEDED ANI ACQ9 AND CQ10 IF INCONSISTEN		СТ	YEAR		
AC10	How old were you as of your last birthday	?		AGE IN COMPLETED YEARS		
AC11	Sex of respondent			MALE FEMALE	1 2	
AC12	What is the highest grade/year you comp KINDERGARTEN GRADE 1 GRADE 2 GRADE 3 GRADE 3 GRADE 4 GRADE 5 GRADE 6 GRADE 7 GRADE 8 GRADE 9 GRADE 10 GRADE 11 GRADE 12 K-12 GRADUATE SPED ELEM., NOT GRADUATED SPED ELEM., GRADUATED SPED HS., NOT GRADUATED SPED HS., GRADUATED SPED HS., GRADUATED MASTER'S DEGREE, NOT GRADUA MASTER'S DEGREE, NOT GRADUA MASTER'S DEGREE, NOT GRADUA	400 410 420 430 440 450 460 470 480 490 500 510 520 530 191 192 193 194 NTED	910 920 930 940	NO GRADE COMPLETED PRESCHOOL ELEMENTARY GRADE 1 ELEMENTARY GRADE 2 ELEMENTARY GRADE 3 ELEMENTARY GRADE 4 ELEMENTARY GRADE 5 ELEMENTARY GRADE 6 ELEMENTARY GRADE 7 ELEMENTARY GRADE 7 ELEMENTARY GRADUATE HIGH SCHOOL YEAR 1 HIGH SCHOOL YEAR 2 HIGH SCHOOL YEAR 3 HIGH SCHOOL YEAR 4 HIGH SCHOOL YEAR 4 HIGH SCHOOL GRADUATE POST SECONDARY 1st YEAR POST SECONDARY 2nd YEAR POST SECONDARY 2nd YEAR POST SECONDARY 3rd YEAR POST SECONDARY 3rd YEAR POST SECONDARY 3rd YEAR PS GRADUATE SPECIFY DEGREE COLLEGE YEAR 1 COLLEGE YEAR 3 COLLEGE YEAR 6 OR HIGHER COLLEGE YEAR 6 OR HIGHER COLLEGE GRADUATE SPECIFY DEGREE	000 100 110 120 130 140 150 160 170 180 210 220 230 240 250 310 320 330 370 710 720 730 740 750 760 770	

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES	
AC13	What is your current marital status? Are you never married, married, living-in, separated, divorced or widowed?	NEVER MARRIED1MARRIED2LIVE IN3SEPARATED4DIVORCED5WIDOWED6	
AC14	Are you currently working?	WORKING 1 STOPPED WORKING COMPLETE 2 NEVER WORKED 3	} AC16
AC15	What type of work are you currently engaged in? RECORD VERBATIM RESPONSE	PSOC	
RELA	TIONSHIP TO OLDER PERSON RESPONDENT		<u> </u>
AC16	At present, do you live in the same household as (Name of Older Person R)?	YES 01 NO, LIVES NEXT DOOR 02 NO, LIVES IN SAME BARANGAY 03 NO, LIVES IN THE SAME CITY/ MUNICIPALITY 04 NO, LIVES IN THE SAME PROVIN 05 NO, LIVES IN A DIFFERENT PROVINCE 06 NO, LIVES ABROAD 07	AC21
AC17	How long have you lived separately from (Name of Older Person R)	Number of Months	
AC18	In the past 12 months, how often did you visit (Name of Older Person R)?	NOT AT ALL0EVERYDAY1EVERY FEW DAYS2EVERY WEEK3EVERY WEEK3EVERY MONTH4EVERY FEW MONTHS5ONCE A YEAR6ON SPECIAL OCCASION7AS THE NEED ARISES8	

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES		
AC19	In the past 12 months, how often were you visited by (Name of Older Person R)	NOT AT ALL EVERYDAY EVERY FEW DAYS EVERY WEEK EVERY MONTH EVERY FEW MONTHS ONCE A YEAR ON SPECIAL OCCASION AS THE NEED ARISES	0 1 2 3 4 5 6 7 8	
AC20	In the past month, how often did you talk/chat with (Name of Older Person R) by phone, Facebook, and other social media platforms?	NOT AT ALL EVERYDAY EVERY FEW DAYS EVERY WEEK ONCE AS THE NEED ARISES	0 1 2 3 4 5	
AC21	When you were growing up (from birth to age 15), how well did you and (Name of Older Person R) get along?	WE GET ALONG WELL ALL THE TIME WE GET ALONG WELL MOST OF THE TIME WE GET ALONG WELL SOMETIMES WE DON'T GET ALONG WELL AT ALL	1 2 3 4	
AC22	At present, how well do you and (Name of Older Person R) get along?	WE GET ALONG WELL ALL THE TIME WE GET ALONG WELL MOST OF THE TIME WE GET ALONG WELL SOMETIMES WE DON'T GET ALONG WELL AT ALL	1 2 3 4	
EXCH	IANGE OF SUPPORT The following questions will explore whether you give to or re	I	son R)	<u> </u>
AC23	In the past month, did you provide financial support to (Name of Older Person R)?	YES NO	1 2	AC26

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES		
AC24	Do you provide financial support to (Name of Older Person R) every month?	YES NO	1 2	AC26
AC25	On average, how much do you give every month?	AMOUNT (in PHP):		
AC26	Do your brothers/sisters give financial support to (Name of Older Person R)? PROBE	YES, ALL OF US PROVIDE YES, SOME SIBLINGS PROVIDE NO, I ALONE PROVIDE HELP NO, I AM AN ONLY CHILD	1 2 3 4	
AC27	Aside from financial support, what other form of support did you give to (Name of Older Person R) in the past 12 months? ENCIRCLE ALL THAT APPLY	NONE MATERIAL SUPPORT HELP IN HOUSEHOLD CHORES HELP IN TRANSPORTATION MANAGE FINANCIAL TRANSACTION: MANAGE BUSINESS PERSONAL CARE EMOTIONAL SUPPORT OTHERS SPECIFY:	A B C D E F G H X	
AC28	Now, let us talk about the support you receive from (Name of Older Person). In the past month, did you receive financial support from (Name of Older Person R)?	YES NO	1 2	AC31
AC29	Do you receive financial support from (Name of Older Person R) every month?	YES NO	1 2	AC31
AC30	On average, how much do you receive every month?	AMOUNT (in PHP):		
AC31	Aside from financial support, what other form of support did you receive from (Name of Older Person R) in the past 12 months? ENCIRCLE ALL THAT APPLY	NONE MATERIAL SUPPORT HELP IN HOUSEHOLD CHORES HELP IN TRANSPORTATION MANAGE FINANCIAL TRANSACTION: MANAGE BUSINESS PERSONAL CARE EMOTIONAL SUPPORT CHILD CARE OTHERS SPECIFY	A B C D E F G H I X	

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES	
AC32	As our parents get older, their health declines that the time may come that their functional and cognitive abilities are affected. How would you describe the health status of (Name of Older Person R) at present?	HE/SHE IS FUNCTIONAL AND HEALTHY 1 HE/SHE HAS SOME MEDICAL CONDITION BUT CAN STILL DO THINGS ON HIS/HER OWN 2 HE/SHE HAS SOME MEDICAL CONDITION THAT REQUIRES HELP IN DOING SOME THINGS 3 HE/SHE HAS SOME MEDICAL CONDITION AND IS DEPENDENT ON A CAREGIVER 4	AC34 AC34
AC33	At present, who mainly provides assistance to (Name of Older Person R)?	MAINLY MYSELF01MOTHER02SISTER03BROTHER04MY CHILDREN05OTHER FAMILY MEMBERS06PAID HELP07OTHERS, SPECIFY96	
ATTI	TUDES AND BELIEFS		
	Tell me whether you agree or disagree with the following statements:	AGREE DISAGREE	
AC34	A child is expected to support and take care of his or her		
	aged parents, as the child should feel a sense of gratitude to the parents for raising him or her.	1 2	
AC35	•	1 2 1 2	
	gratitude to the parents for raising him or her. It is acceptable for someone in their 60s or older to fall		
AC36	gratitude to the parents for raising him or her. It is acceptable for someone in their 60s or older to fall in love. It is acceptable for someone in their 60s or older to	1 2	

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES
		AGREE DISAGREE
AC39	Men should work to support the family and women should stay home and take care of the household.	1 2
AC40	Parents' duty is to do their best for their children even at the expense of their own wellbeing.	1 2
INFOR	MANT QUESTIONNAIRE ON COGNITIVE DECLINE IN THE	ELDERLY (JORM-IQCODE TEST)
AC41	Compared with 2 years ago, how is <u>(</u> Name of Older Person R) at remembering things about family and friends, such as occupations, birthdays, and addresses? Has this improved, remained the same (no change), or worsen?	IMPROVED1REMAINED THE SAME (NO CHANGE;2WORSEN3DK7NAP (R DOESN'T DO ACTIVITY)9
AC42	Compared with 2 years ago, how is (Name of Older Person R) at remembering things that have happened recently? Has this improved, remained the same (no change), or worsen?	IMPROVED 1 REMAINED THE SAME (NO CHANGE) 2 WORSEN 3 DK 7 NAP (R DOESN'T DO ACTIVITY) 9
AC43	Compared with 2 years ago, how is (Name of Older Person R) at recalling conversations a few days later? Has this improved, remained the same (no change), or worsen?	IMPROVED 1 REMAINED THE SAME (NO CHANGE) 2 WORSEN 3 DK 7 NAP (R DOESN'T DO ACTIVITY) 9
AC44	Compared with 2 years ago, how is (Name of Older Person R) at remembering [his/her] address and telephone number? Has this improved, remained the same (no change), or worsen?	IMPROVED 1 REMAINED THE SAME (NO CHANGE) 2 WORSEN 3 DK 7 NAP (R DOESN'T DO ACTIVITY) 9
AC45	Compared with 2 years ago, how is (Name of Older Person R) at remembering what day and month it is? Has this improved, remained the same (no change), or worsen?	IMPROVED 1 REMAINED THE SAME (NO CHANGE; 2 WORSEN 3 DK 7 NAP (R DOESN'T DO ACTIVITY) 9

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES	
AC46	Compared with 2 years ago, how is (Name of Older Person R) at remembering where things are usually kept? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9
AC47	Compared with 2 years ago, how is (Name of Older Person R) at remembering where to find things which have been put in a different place from usual? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9
AC48	Compared with 2 years ago, how is (Name of Older Person R) at knowing how to work familiar machines around the house? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9
AC49	Compared with 2 years ago, how is (Name of Older Person R) at learning to use a new gadget or machine around house? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9
AC50	Compared with 2 years ago, how is (Name of Older Person R) at learning new things in general? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9
AC51	Compared with 2 years ago, how is (Name of Older Person R) at following a story in a book or on TV? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9
AC52	Compared with 2 years ago, how is (Name of Older Person R) at making decisions on everyday matters? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9

NO.	QUESTIONS AND FILTERS	CODING CATEGORIES			
AC53	Compared with 2 years ago, how is (Name of Older Older person R) at handling money for shopping? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9		
AC54	Compared with 2 years ago, how is (Name of Older Person R) at handling financial matters; for example, the pension, or dealing with the bank? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9		
AC55	Compared with 2 years ago, how is (Name of Older Person R) at handling other everyday arithmetic problems; for example, knowing how much food to buy, knowing how long between visits from family or friends? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9		
AC56	Compared with 2 years ago, how is (Name of Older Person R) at using his/her intelligence to understand what's going on and to reason things through? Has this improved, remained the same (no change), or worsen?	IMPROVED REMAINED THE SAME (NO CHANGE) WORSEN DK NAP (R DOESN'T DO ACTIVITY)	1 2 3 7 9		
	END OF INTERVIEW				